

MARCH 2020



Sacred Heart students perform Frozen.



Valentine's Day concert with the Sedgwick Duo.



Stephen meets our new Pet Therapy dog, Kevin.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 10:30 Fitness Class 11:00 Music Therapy 1:30 Walking Club 2:00 Documentary 2:30 Refreshments 3:00 Bingo! 4:00 Piano Concert	2 10:00 Art Therapy 11:30 Choir w/ Lauren 1:15 Walking Club 1:30 Music w/ Alice 2:30 Refreshments 3:00 Dance Therapy 4:00 Bingo!	3 10:30 Morning Stretch 11:15 Judaic Presentation 1:15 Walking Club 1:30 Name-That-Tune 2:30 Refreshments 3:00 Historical Icons 4:00 Word Games	4 10:00 Worship Service 11:00 Tai Chi 1:00 Pet Therapy 1:30 Walking Club 2:00 Dance Therapy 2:45 Refreshments 3:15 Let's Travel	5 10:30 Good Morning Greens 11:15 Women's History Month Lecture 2:00 Music Therapy 3:00 Refreshments 4:00 Trivia & Chat	6 10:00 Touch Therapy 10:15 Morning Stretch 11:00 Drama Therapy 2:00 Monthly Birthday Celebration 3:15 Bingo! 4:00 Program w/ Paula	7 10:30 Music Therapy 11:30 Smart Board 1:00 Recreation Relaxation 2:00 Saturday Matinee 3:00 Refreshments 3:30 Workout
8 10:30 Fitness Class 11:15 Smart Board 2:00 Walking Club & Refreshments 3:00 Bingo! 4:00 Piano Concert <i>Daylight Savings</i>	9 10:00 Art Therapy 11:30 Choir w/ Lauren 1:30 Walking Club 2:00 Music Therapy 3:00 Refreshments 3:30 Bingo/Trivia 4:15 Dance Therapy	10 10:30 Purim Program 11:00 Music Appreciation w/ Professor John 1:15 Walking Club 1:30 Name-That-Tune 2:30 Refreshments 3:00 Sports w/ Rudy 4:00 Word Games	11 10:00 Worship Service 11:00 Yoga 1:00 Pet Therapy 1:30 Walking Club 2:00 Dance Therapy 2:45 Refreshments 3:00 Stretch & Strengthen 4:00 Music & Meditation	12 10:30 Good Morning Greens 11:00 Horticulture Lecture 2:00 Music Therapy 3:00 Refreshments 4:00 Trivia & Chat 4:30 Flower Arranging	13 10:00 Touch Therapy 10:30 Morning Stretch 11:15 Music Therapy 1:30 Walking Club 2:00 Lecture w/ Naja 2:30 Refreshments 3:45 Chair Zumba 4:30 Shabbat	14 10:30 Music Therapy 11:30 Smart Board 1:00 Recreation Relaxation 2:00 Saturday Matinee 3:00 Refreshments 3:30 Workout 4:00 Music w/ Lauren
15 11:00 Irish Step Dance Concert from Pender-Keady School! 2:00 Walking Club & Refreshments 3:00 Bingo! 4:00 Piano Concert	16 10:00 Art Therapy 11:30 Reflections on Art 1:15 Walking Club 1:30 Music w/ Alice 2:30 Refreshments 3:00 Dance Therapy 4:00 Bingo!	17 10:30 St. Patrick's Program 11:00 Drama Therapy 1:30 Name-That-Tune 2:30 Refreshments 3:00 Photography Club 4:00 Word Games <i>St. Patrick's Day</i>	18 10:00 Worship Service 11:00 Tai Chi 1:00 Pet Therapy 1:30 Walking Club 2:00 Green Themed Tea Party! 3:15 Dance Therapy 4:00 Lecture w/ Rudy	19 10:30 Good Morning Greens 1:30 Fitness 2:00 Music Therapy 3:00 Refreshments 4:00 Trivia & Chat 4:30 Flower Arranging <i>Spring Begins</i>	20 10:00 Touch Therapy 10:30 News & Views 11:00 Music Therapy 1:30 Walking Club 2:00 Music w/ Myrt 3:00 Refreshments 3:15 Bingo! 4:00 Program w/ Paula	21 10:30 Music Therapy 11:30 Reflections on Art 1:00 Recreation Relaxation 2:00 Saturday Matinee 3:30 Workout 4:00 Music w/ Bob
22 10:30 Fitness Class 11:15 Smart Board 2:00 Walking Club & Refreshments 3:00 Bingo! 4:00 Piano Concert	23 10:00 Art Therapy 11:30 Choir w/ Lauren 1:30 Walking Club 2:00 Music Therapy 3:00 Refreshments 3:30 Bingo/Trivia 4:15 Dance Therapy	24 10:30 Morning Stretch 11:00 Planting w/ Colette 1:15 Walking Club 1:30 Name-That-Tune 2:30 Refreshments 3:00 Wonders of the World w/ Rudy 4:00 Word Games	25 10:00 Worship Service 11:00 Yoga 1:00 Pet Therapy 1:30 Walking Club 2:00 Dance Therapy 2:45 Refreshments 3:00 Stretch & Strengthen 4:00 Music & Meditation	26 10:30 Good Morning Greens 11:15 Poetry Corner 1:30 Fitness 2:00 Music Therapy 3:00 Refreshments 4:00 Trivia & Chat 4:30 Flower Arranging	27 10:30 Morning Stretch 11:15 Music Therapy 1:30 Walking Club 2:00 Open Art Studio w/ Naja 3:00 Happy Hour! 3:45 Chair Zumba 4:30 Shabbat	28 10:30 Music Therapy 11:30 Reflections on Art 1:00 Recreation Relaxation 2:00 Music w/ John 3:00 Refreshments 3:30 Workout
29 10:30 Fitness Class 11:15 Smart Board 1:30 Earthtones Concerts 2:30 Walking Club & Refreshments 3:00 Bingo!	30 10:00 Art Therapy 11:30 Reflections on Art 1:30 Walking Club 2:00 Rita's African Show 3:15 Refreshments 4:00 Games with Naja & Lauren	31 10:30 Morning Stretch 11:00 Spiritual Discussion w/ Maria 1:30 Name-That-Tune 3:00 At the Ballet w/ Claire 4:00 Word Games	Weekly Events Hair Salon open every Friday! Nail Salon every other Tuesday! Monday night "wine" night! Tuesday night movie night! Thursday night Music Concert!			<h2>March Calendar Of Events</h2>