

In this Issue!

- Spiritual Collaboration
- March Calendar of Events
- Events and Activities

**Programming:
Connecting
Mind, Body &
Soul**

-  Creative Arts Therapies
-  Continuing Education
-  Curated Sensory Experiences
-  Community Engagement
-  Celebration & Spirituality
-  Conditioning & Strengthening
-  Captivating Concerts & Recreation

Spiritual Collaboration



North America are actually connected underground through one network of roots—just as we all are connected in the family of humanity.

Love and care, for the planet and for one another, were the themes that emerged as the program continued. The residents relished in the chance to talk about their own spirituality with one another as well. One of our residents shared how a prayer truly buoyed her up during a “low time”. Fellow residents nodded their heads in agreement. A feeling of solidarity filled the room, with a nurtured understanding that no matter what religion one observes, we are all in this together.

Thank you to Cantor Harriet and Pastor Karen for bringing such a vibrant program into our home. We are blessed to have you in our community.

We look forward to March bringing us back to Spring as the circle of seasons carries us on a journey through one of the most beautiful times of the year.

February was filled with creative ways to spend time indoors, keeping warm from the cold and entertaining new and evolving interests. We celebrated Black History Month, Valentine’s Day, President’s Day, and Mardi Gras. One experience of note is our first time hosting a spiritual program led collaboratively between our Jewish Cantor and our Christian Pastor, Harriet and Karen, respectively. They created a morning filled with discussion and celebration regarding similarities and differences between the two faiths. Scriptures, psalms, and songs were shared, as well as philosophies about different facets of life. We discovered through investigation that we have more similarities than differences.

The image of a tree was presented as a point of commonality. The group looked outside at the leafless trees and discussed the Jewish holiday Tu Bishvat, and the words of Psalm 92, “The righteous shall flourish like a Palm Tree...” Although the trees are leafless now, life blooming this coming Spring was presented through different philosophical and spiritual lenses. One of our favorite take-aways from this image was the idea that the oldest trees in



MARCH 2020/VOLUME 19/ISSUE 3

The Greens AT GREENWICH

An Assisted Living Residence
1155 King Street
Greenwich, Connecticut 06831
(203) 531-5500
(203) 531-1224 (Fax)

Maria Scaros, Executive Director
Barbara Mullins, SALSA ,RN
Beth Liebowitz, Program Director
Michael Sherman, Executive Chef
Debbie Merigliano, Administrative Assistant

Activities and Events



Workshops to be held at

BRUCE MUSEUM
1 Museum Drive
Greenwich

RSVP: Maria Scaros 203.531.5500
mscaros@thegreensatgreenwich.com



Josephine M.
3/14



Rena G.