

You can't have heart without art!



The
Greens
AT GREENWICH

OCTOBER 2020



	Mon	Tue	Wed	Thu	Fri	Sat
October Calendar of Events				1 10:30 Good Morning Greens 11:15 Fitness 1:30 Walking Club 2:00 Music Bingo! 2:45 Refreshments & Relaxation 4:00 Harvest Festival!	2 10:45 Morning Buzz 11:15 News & Views 1:30 Walking Club 2:00 October Birthday Celebration! 3:15 Bingo! 4:00 Evening Stretch	3 10:30 News & Views 11:30 Jam Session 1:30 Walking Club 2:00 Saturday Matinee 2:45 Refreshments 3:15 Bingo! 4:00 Musical Concert
	4 10:30 Christian Spiritual Discussion 11:00 Fitness 2:00 Walking Club & Refreshments 3:15 Bingo! 4:00 Music Concert	5 10:45 Morning Stretch 11:15 Open Art Studio 1:30 Walking Club 2:00 Dance Therapy 2:45 Refreshments 3:15 Bingo! 4:00 Yom Kipper Service	6 10:45 Morning Stretch 11:30 Reflections on Art 1:30 Walking Club 2:00 Open Art Studio 2:45 Refreshments 3:15 Snapshot Lecture 4:00 Word Games	7 10:45 Spiritual Service 11:15 Music Therapy 1:30 Walking Club 2:00 Dance Therapy 2:45 Refreshments 3:15 Bingo! 4:15 Music & Meditation	8 10:30 Good Morning Greens 11:15 Fitness 1:30 Walking Club 2:00 Bingo! 2:45 Refreshments & Relaxation 4:00 Snapshot Lecture	9 10:30 Morning Buzz 11:00 Drama Therapy 1:30 Walking Club 2:00 Shabbat, Reflection, and Refreshments 3:15 Bingo! 4:00 Evening Movement
11 10:30 Christian Spiritual Discussion 11:00 Fitness 2:00 Walking Club & Refreshments 3:15 Bingo! 4:00 Music Concert	12 10:45 Morning Stretch 11:15 Open Art Studio 1:30 Walking Club 2:00 Dance Therapy 2:45 Refreshments 3:15 Bingo! 4:00 Holiday Program <i>Columbus Day</i>	13 10:45 Morning Stretch 11:30 Reflections on Art 1:30 Walking Club 2:00 Open Art Studio 2:45 Refreshments 3:15 Snapshot Lecture 4:00 Word Games	14 10:45 Spiritual Service 11:15 Music Therapy 1:30 Walking Club 2:00 Dance Therapy 2:45 Refreshments 3:15 Bingo! 4:15 Music & Meditation	15 10:30 Good Morning Greens 11:15 Who's In the Kitchen with Sheila 1:30 Walking Club 2:00 Folk Hour 2:45 Refreshments 4:00 Snapshot Lecture	16 10:45 Morning Buzz 11:15 News & Views 1:30 Walking Club 2:00 Shabbat, Reflection, and Refreshments 3:15 Bingo! 4:00 Evening Movement	17 10:30 News & Views 11:30 Jam Session 1:30 Walking Club 2:00 Saturday Matinee 2:45 Refreshments 3:15 Bingo! 4:00 Musical Concert
18 10:30 Christian Spiritual Discussion 11:00 Fitness 2:00 Walking Club & Refreshments 3:15 Bingo! 4:00 Music Concert	19 10:45 Morning Stretch 11:15 Open Art Studio 1:30 Walking Club 2:00 Dance Therapy 2:45 Refreshments 3:15 Bingo! 4:00 Snapshot Lecture	20 10:45 Morning Stretch 11:30 Reflections on Art 1:30 Walking Club 2:00 Open Art Studio 2:45 Refreshments 3:15 Snapshot Lecture 4:00 Word Games	21 10:45 Spiritual Service 11:15 Music Therapy 1:30 Walking Club 2:00 Dance Therapy 2:45 Refreshments & Fall Cooking w/ Michael 3:15 Bingo! 4:15 Music & Meditation	22 10:30 Good Morning Greens 11:15 Fitness 1:30 Walking Club 2:00 Bingo! 2:45 Refreshments & Relaxation 4:00 Snapshot Lecture	23 10:45 Morning Buzz 11:15 News & Views 1:30 Walking Club 2:00 Shabbat, Reflection, and Refreshments 3:15 Bingo! 4:00 Evening Movement	24 10:30 News & Views 11:30 Jam Session 1:30 Walking Club 2:00 Saturday Matinee 2:45 Refreshments 3:15 Bingo! 4:00 Musical Concert
25 10:30 Christian Spiritual Discussion 11:00 Fitness 2:00 Walking Club & Refreshments 3:15 Bingo! 4:00 Music Concert	26 10:45 Morning Stretch 11:15 Open Art Studio 1:30 Walking Club 2:00 Dance Therapy 2:45 Refreshments 3:15 Bingo! 4:00 Snapshot Lecture	27 10:45 Morning Stretch 11:30 Reflections on Art 1:30 Walking Club 2:00 Open Art Studio 2:45 Refreshments 3:30 Sedgwick Sisters Concert! 4:30 Word Games	28 10:45 Spiritual Service 11:15 Music Therapy 1:30 Walking Club 2:00 Dance Therapy 2:45 Refreshments 3:15 Bingo! 4:15 Music & Meditation	29 10:30 Good Morning Greens 11:15 Fitness 1:30 Walking Club 2:00 Halloween Party 2:45 Refreshments & Relaxation 4:00 Snapshot Lecture	30 10:45 Morning Buzz 11:15 News & Views 1:30 Walking Club 2:00 Shabbat, Reflection, and Refreshments 3:15 Bingo! 4:00 Evening Movement	31 10:30 News & Views 11:30 Halloween Jam! 1:30 Walking Club 2:00 Spooky Saturday Matinee 2:45 Refreshments 3:15 Haunted Bingo! 4:00 Musical Concert <i>Halloween</i>