



Men at work.



Life is better with friends.



All smiles in our autumnal garden.

The Greens AT GREENWICH

November 2020



Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 10:30 Christian Spiritual Discussion 11:00 Fitness 2:00 Walking Club & Refreshments 3:15 Bingo! 4:00 Music Concert	2 10:45 Spiritual Service w/ Maria 11:15 Morning Stretch 1:30 Walking Club 2:00 Dance Therapy 2:45 Refreshments 3:15 Bingo! 4:00 Let's Travel!	3 10:45 Morning Stretch 11:30 Reflections on Art 1:30 Walking Club 2:00 Open Art Studio 2:45 Refreshments 3:15 Snapshot Lecture 4:00 Word Games <i>Election Day</i>	4 10:45 Music Therapy & Dance Therapy 1:30 Walking Club 2:00 Trivia and Chat 2:45 Refreshments 3:15 Bingo! 4:15 Music & Meditation	5 10:45 Good Morning Greens 11:15 Fitness 1:30 Walking Club 2:00 Bingo! 2:45 Refreshments & Relaxation 4:00 Snapshot Lecture	6 10:45 Morning Buzz 11:15 News & Views 1:30 Walking Club 2:00 October Birthday Celebration! 3:15 Bingo! 4:00 Evening Stretch	7 10:30 News & Views 11:30 Jam Session 1:30 Walking Club 2:00 Saturday Matinee 2:45 Refreshments 3:15 Bingo! 4:00 Musical Concert
8 10:30 Christian Spiritual Discussion 11:00 Fitness 2:00 Walking Club & Refreshments 3:15 Bingo! 4:00 Music Concert	9 10:45 Spiritual Service w/ Maria 11:15 Morning Stretch 1:30 Walking Club 2:00 Dance Therapy 2:45 Refreshments 3:15 Bingo! 4:00 Let's Travel!	10 10:45 Morning Stretch 11:30 Reflections on Art 1:30 Walking Club 2:00 Open Art Studio 2:45 Refreshments 3:15 Snapshot Lecture 4:00 Word Games	11 10:45 Spiritual Service w/ Maria 11:15 Music Therapy 1:30 Walking Club 2:00 Trivia and Chat 2:45 Refreshments 3:15 Bingo! 4:15 Music & Meditation	12 10:45 Good Morning Greens 11:15 Fitness 1:30 Walking Club 2:00 Kindness Day Celebration! 2:45 Refreshments & Relaxation 4:00 Snapshot Lecture	13 10:45 Morning Buzz 11:15 News & Views 1:30 Walking Club 2:00 Shabbat, Reflection, and Refreshments 3:15 Bingo! 4:00 Evening Movement	14 10:30 News & Views 11:30 Jam Session 1:30 Walking Club 2:00 Saturday Matinee 2:45 Refreshments 3:15 Bingo! 4:00 Musical Concert
15 10:30 Christian Spiritual Discussion 11:00 Fitness 2:00 Walking Club & Refreshments 3:15 Bingo! 4:00 Music Concert	16 10:45 Spiritual Service w/ Maria 11:15 Morning Stretch 1:30 Walking Club 2:00 Dance Therapy 2:45 Refreshments 3:15 Bingo! 4:00 Let's Travel!	17 10:45 Morning Stretch 11:30 Reflections on Art 1:30 Walking Club 2:00 Open Art Studio 2:45 Refreshments 3:15 Snapshot Lecture 4:00 Word Games	18 10:45 Spiritual Service w/ Maria 11:15 Music Therapy 1:30 Walking Club 2:00 Trivia and Chat 2:45 Refreshments 3:15 Bingo! 4:15 Music & Meditation	19 10:45 Good Morning Greens 11:15 Who's in the Kitchen w/ Sheila 1:30 Walking Club 2:00 Bingo! 2:45 Refreshments & Relaxation 4:00 Snapshot Lecture	20 10:45 Morning Buzz 11:15 News & Views 1:30 Walking Club 2:00 Shabbat, Reflection, and Refreshments 3:15 Bingo! 4:00 Evening Movement	21 10:30 News & Views 11:30 Jam Session 1:30 Walking Club 2:00 Saturday Matinee 2:45 Refreshments 3:15 Bingo! 4:00 Musical Concert
22 10:30 Christian Spiritual Discussion 11:00 Fitness 2:00 Walking Club & Refreshments 3:15 Bingo! 4:00 Music Concert	23 10:45 Spiritual Service w/ Maria 11:15 Morning Stretch 1:30 Walking Club 2:00 Dance Therapy 2:45 Refreshments 3:15 Bingo! 4:00 Let's Travel!	24 10:45 Morning Stretch 11:30 Reflections on Art 1:30 Walking Club 2:00 Open Art Studio 2:45 Refreshments 3:15 Snapshot Lecture 4:00 Word Games	25 10:45 Spiritual Service w/ Maria 11:15 Music Therapy 1:30 Walking Club 2:00 Trivia and Chat 2:45 Refreshments 3:15 Bingo! 4:15 Music & Meditation	26 10:45 Good Morning Greens 11:15 Fitness 1:30 Walking Club 2:00 Thanksgiving Celebration! 2:45 Relaxation 4:00 Snapshot Lecture <i>Thanksgiving Day</i>	27 10:45 Morning Buzz 11:15 News & Views 1:30 Walking Club 2:00 Shabbat, Reflection, and Refreshments 3:15 Bingo! 4:00 Evening Movement	28 10:30 News & Views 11:30 Jam Session 1:30 Walking Club 2:00 Saturday Matinee 2:45 Refreshments 3:15 Bingo! 4:00 Musical Concert
29 10:30 Christian Spiritual Discussion 11:00 Fitness 2:00 Walking Club & Refreshments 3:15 Bingo! 4:00 Music Concert	30 10:45 Spiritual Service w/ Maria 11:15 Morning Stretch 1:30 Walking Club 2:00 Dance Therapy 2:45 Refreshments 3:15 Bingo! 4:00 Let's Travel!			Weekly Events! Hair Salon open every Friday! Nail Salon every other Tuesday! Night programs including "Wine" Night Movie Night Game Night		November Calendar Of Events