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## A Look Back at 2020



Each year we are blessed with a season of hope and light. This year we embrace it with gusto! With every year comes a challenge. The residents, staff and families met the challenge of the Coronavirus and kept it from our doorstep for nine months until November. It slammed in like a tsunami and in classic Greens style, we met it together, challenged it and shoved it out the door. The staff lit the first few Hanukkah lights and then the residents were able to light the last of them. The tree trimming was joyful. Recognizing all that “light” represents, whether it is the one on the menorah, or the tree or at the end of the tunnel, this year we have learned much of who we are and what is truly important.

Music continues to fill our hallways. Dancing and storytelling are especially colorful during holiday time. Even those who say they are more Scrooge than Santa join in the fun. At The Greens we appreciate the arts being the language for the feelings we are unable to put into words. Knowing this to be true, it was validated this past year more than ever.

Our amazing residents continue to bring their own charm, varied experience, and unique presence to our home. This past year we continued to add new groups as interests shifted. Meditation and lecture series on art, the wonders of the world and travel became very popular. We will continue our collaboration with the Bruce Museum in bringing the series “Art as a Partner in Health” to our community. Our student intern in dance/movement therapy from Sarah Lawrence College has been with us since August and will continue with us until May.

We also welcomed a former student back as staff. Caroline Greco wowed us as a young music therapy intern several years ago and now, having graduated with her Master’s in Music Therapy, has joined our team.

Despite the pandemic that has affected the entire world, our Greens family had a wonderful year. This year validated our understanding of what is truly important in this life. We learned the importance of a friendly touch, that a smile and a tender heart can be seen clearly through a mask, and that the eyes are truly the mirrors to the soul. Most importantly we felt the power and the grace of the extraordinary Greens team along with the support and generosity of our families and friends. To quote one of our family members, the undertaking these last few months “has been masterful.” We did it all as a family. I felt truly part of a strong, loving, and dedicated family. We missed our summer garden parties, but not our beautiful garden. We missed hugging our families but saw them from a safe distance. We welcomed new residents and said goodbye to old friends. These are the blessings we recognized this past year, and we are confident of the blessing to come in 2021.

We look forward to the new year and the wonder it will bring. During this holiday season, I wish to thank my Greens Team for their heroic commitment to our residents. To our families, thank you for entrusting us to care for your loved ones. And most importantly, to our residents, who bring us joy and wisdom every day. I look ahead to 2021, with anticipation and excitement while wishing you all a New Year filled with joy, family, and love.

With my warmest regards,  
Maria

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# The Greens AT GREENWICH

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## Activities and Events

