

Staff and residents celebrate National Assisted Living Week together.



OCTOBER 2021



	Mon	Tue	Wed	Thu	Fri	Sat
October Calendar of Events		<i>Monthly Events</i> <i>Out Trips!</i> <i>Movie Nights!</i> <i>Beauty Salon!</i> <i>Concerts!</i> <i>Touch Therapy with Matthew!</i>			1 10:30 Music Therapy 11:30 Fitness 2:00 October Birthday Celebration! 3:15 Bingo! 4:00 Evening Stretch	2 10:30 Morning Buzz 11:00 Music Therapy 1:30 Walking Club 2:00 Saturday Matinee & Refreshments 3:15 Bingo!
	3 10:30 Christian Worship Service 11:15 Fitness 1:30 Walking Club 2:00 Refreshments 2:30 Bingo! 4:00 Music Concert	4 10:30 Dance Therapy 11:30 Reflections on Art 1:30 Walking Club 2:00 Trivia & Chat 2:45 Bingo! 3:30 Art Therapy 4:30 Karaoke	5 10:30 Morning Stretch 11:30 Fall Fables 1:30 Walking Club 2:00 Name that Tune 2:45 Refreshments 3:15 Bingo! 4:00 Let's Travel!	6 10:15 Music Imagery 11:30 Spiritual Service 1:30 Walking Club 2:00 Dance Therapy 2:45 Refreshments 3:15 Bingo! 4:00 Music & Meditation	7 10:15 Music Therapy 11:15 Who's in the Kitchen? 1:30 Walking Club 2:00 Yoga & Tai Chi 3:15 Documentary Hour 4:15 Bingo!	8 10:00 Touch Therapy 10:30 Music Therapy 11:15 Drama Therapy 2:00 Shabbat, Reflection, & Refreshments 3:15 Bingo! 4:00 Evening Stretch
10 10:30 Christian Worship Service 11:15 Fitness 1:30 Walking Club 2:00 Refreshments 2:30 Bingo! 4:00 Music Concert	11 10:30 Dance Therapy 11:30 Reflections on Art 1:30 Walking Club 2:00 Trivia & Chat 2:45 Bingo! 3:30 Art Therapy 4:30 Karaoke	12 10:30 Morning Stretch 11:30 Fall Fables 1:30 Walking Club 2:00 Name that Tune 2:45 Refreshments 3:15 Bingo! 4:00 Let's Travel!	13 10:15 Music Imagery 11:30 Spiritual Service 1:30 Walking Club 2:00 Dance Therapy 2:45 Refreshments 3:15 Bingo! 4:00 Music & Meditation	14 10:15 Music Therapy 11:15 News & Views 1:30 Ice Cream Out Trip 2:00 Yoga & Tai Chi 3:00 Refreshments 3:15 Documentary Hour 4:15 Bingo!	15 10:00 Touch Therapy 10:30 Music Therapy 11:30 Fitness 2:00 Shabbat, Reflection, & Refreshments 3:15 Bingo! 4:00 Evening Stretch	16 10:30 Morning Buzz 11:00 Music Therapy 1:30 Walking Club 2:00 Saturday Matinee & Refreshments 3:15 Bingo! 4:00 Music Concert
17 10:30 Christian Worship Service 11:15 Fitness 1:30 Walking Club 2:00 Refreshments 2:30 Bingo! 4:00 Music Concert	18 10:30 Dance Therapy 11:30 Reflections on Art 1:30 Walking Club 2:00 Trivia & Chat 2:30 Refreshments 2:45 Bingo! 3:30 Art Therapy 4:30 Karaoke	19 10:30 Morning Stretch 11:30 Fall Fables 1:30 Walking Club 2:00 Name that Tune 2:45 Refreshments 3:15 Bingo! 4:00 Let's Travel!	20 10:15 Music Imagery 11:30 Spiritual Service 1:30 Walking Club 2:00 Dance Therapy 2:45 Refreshments 3:15 Bingo! 4:00 Music & Meditation	21 10:15 Music Therapy 11:15 News & Views 1:30 Fall Foliage Out Trip 2:00 Yoga & Tai Chi 3:00 Refreshments 3:15 Documentary Hour 4:15 Bingo!	22 10:00 Touch Therapy 10:30 Music Therapy 11:30 Fitness 1:30 Walking Club 2:00 Shabbat, Reflection, & Refreshments 3:15 Bingo! 4:00 Evening Stretch	23 10:30 Morning Buzz 11:00 Music Therapy 1:30 Walking Club 2:00 Saturday Matinee & Refreshments 3:15 Bingo! 4:00 Music Concert
24 10:30 Christian Worship Service 11:15 Fitness 1:30 Walking Club 2:00 Refreshments 2:30 Bingo! 4:00 Music Concert	25 10:30 Dance Therapy 11:30 Reflections on Art 1:30 Walking Club 2:00 Trivia & Chat 2:30 Refreshments 2:45 Bingo! 3:30 Art Therapy 4:30 Karaoke	26 10:30 Morning Stretch 11:30 Fall Fables 1:30 Walking Club 2:00 Name that Tune 2:45 Refreshments 3:15 Bingo! 4:00 Let's Travel!	27 10:15 Music Imagery 11:30 Spiritual Service 1:30 Walking Club 2:00 Dance Therapy 2:45 Refreshments 3:15 Bingo! 4:00 Music & Meditation	28 10:15 Music Therapy 11:15 News & Views 1:30 Walking Club 2:00 Yoga & Tai Chi 3:00 Refreshments & Halloween Party! 4:15 Bingo!	29 10:30 Music Therapy 11:30 Fitness 1:30 Walking Club 2:00 Shabbat, Reflection, & Refreshments 3:15 Bingo! 4:00 Evening Stretch & Smartboard Games	30 10:30 Morning Buzz 11:00 Music Therapy 1:30 Walking Club 2:00 Saturday Matinee & Refreshments 3:15 Bingo! 4:00 Music Concert
31 10:30 Christian Worship Service 11:15 Fitness 2:00 Refreshments & Halloween Celebration! 2:30 Bingo! 4:00 Music Concert						