

***In this Issue!***

- Happy New Year!
- January Calendar of Events
- Activities and Events

**Programming:  
Connecting  
Mind, Body & Soul**

 Creative Arts Therapies

 Continuing Education

 Curated Sensory Experiences

 Community Engagement

 Celebration & Spirituality

 Conditioning & Strengthening

 Captivating Concerts & Recreation

**Happy New Year!**



Each year we come to the season of hope and light. It is a time for reflection of what we learned in the past year and how we will live in the next. This past year we continued to keep safe, visit with families and grow in friendships and community. The residents and staff lit the Hanukkah lights and then trimmed the tree. We soon will be wishing each other a happy and healthy New Year.

Recognizing all that “light” represents, whether it is the one on the menorah, or the tree or at the end of the tunnel, this year we have learned much of who we are and what is truly important. Music continues to fill our hallways. Dancing and storytelling are especially colorful during holiday time. Even those who say they are more Scrooge than Santa join in the fun. At The Greens we appreciate the arts being the language for the feelings we are unable to put into words. Knowing this to be true, it continues to validate our feelings of 2021 and looking forward to 2022. Our amazing residents continue to bring their own charm, varied experience, and unique presence to our home. This past year we continued to add new groups as interests shifted. We have a Men’s Group and added another spiritual group along with more drumming and drama therapy. Meditation and lecture series on art, the wonders of the world and travel continue to be extremely popular. We will continue our collaboration with the Bruce Museum and Sweet Readers, an intergenerational group which took a hiatus from 2020 - 2021. Our student intern in dance/movement therapy from Sarah Lawrence College,

Grace, has been with us since August and will continue with us until May. We will be joined by a Music Therapy fieldwork student from SUNY New Paltz in January.

Despite the pandemic that has affected the entire world, our Greens family had a wonderful year. This year validated our understanding of what is profoundly important in this life. We learned the importance of a friendly touch, that a smile and a tender heart can be seen clearly through a mask, and that the eyes are truly the mirrors to the soul. Most importantly we felt the power and the grace of the extraordinary Greens team along with the support and generosity of our families and friends. We did it all as a team. I felt truly part of a strong, loving, and resolute family. We celebrated our 20<sup>th</sup> year together with family and friends under a beautiful tent and glorious weather with classical music honoring Spring. This coming summer we look forward to our summer garden parties.

We welcomed new residents and said goodbye to old friends. These are the blessings we recognized this past year, and we are confident of the blessing to come in 2022. We look forward to the new year and the wonder it will bring. During this holiday season, I want to thank my Greens Team for their heroic commitment to our residents. To our families, thank you for entrusting us to care for your loved ones. And most importantly, to our residents, who bring us joy and wisdom every day. I look ahead to 2022, with anticipation and excitement while wishing you all a New Year filled with joy, family, and love.

With my warmest regards,

Maria

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# The Greens AT GREENWICH

An Assisted Living Residence  
1155 King Street  
Greenwich, Connecticut 06831  
(203) 531-5500

Maria Scaros-Executive Director  
Barbara Mullins, RN, SALSA  
Beth Liebowitz, Program Director  
Luis Arista, Executive Chef  
Debbie Merigliano, Administrative Assistant

## Activities and Events

Thank you and goodbye to Ruddy, who is moving with his family to Florida! Best of luck with all of your endeavors, and you will always have place with your Greens' family.



**Raymond K. 1/10**

**Edie R. 1/10**

**Bretta L. 1/12**

**Betty S. 1/22**



**Marilyn C.**

**Hugh M.**

**John W.**