



ELDERCARE

ADVERTORIAL RESOURCE GUIDE

Area code: 914 (unless otherwise noted)

Adira at Riverside

120 Odell Ave., Yonkers 10701

964-3333 • adirariverside.com

Top executive/facility admissions

officer(s): Eric Fischbein, administrator; Rina Thaper, director of admissions

Services: emergency services, inpatient acute care ambulatory surgery services, outpatient diagnosis and treatment and health and wellness education and screening programs

Year established: 2015

Bethel Nursing & Rehabilitation Center

67 Springvale Road

Croton-on-Hudson 10520

739-6700 • bethelwell.org

Top executive/facility admissions

officer(s): Beth Golstein, CEO, Bethel Homes

Services: ophthalmology, audiology, dental, EKG services, recreation and entertainment programs and housekeeping and laundry services

Year established: 1911

Cedar Manor Nursing & Rehabilitation Center

32 Cedar Lane, Ossining 10562

762-1600 • cedarmanornursing.com

Top executive/facility admissions

officer(s): Gary Lipperman, administrator

Services: complex medical care, including cardiac rehab, chemotherapy, ostomy and tracheotomy care and total joint replacement; physical, occupational and speech therapies; and IV therapies, including nutrition, hydration and medication administration

Year established: 1945

The Chelsea

715 Dobbs Ferry Road

Greenburgh 10607

275-0010 • chelseaseniorliving.com

mvarnerin@chelseaseniorliving.com

Top executive/facility admissions

officer(s): Herbert Heflich, chief executive officer

Services: dining, financial solutions, lifestyle, living options, special needs senior community, wellness

Year established: 1993

Dumont Center for Rehabilitation & Nursing Care

676 Pelham Road, New Rochelle 10805

632-9600 • dumontcenter.com

info@dumontcenter.com

Top executive/facility admissions

officer(s): NA

Services: dental, podiatry, optometry, physical and psychology services on site, as well as skilled nursing, including respiratory care, IV therapy, diabetes care and wound care; physical, occupational and speech therapy program

Year established: 1929

The Enclave at Port Chester Nursing and Rehabilitation Center

1000 High St., Port Chester 10573

937-1200 • theenclaverehab.com

Top executive/facility admissions

officer(s): Jacob Barber, administrator

Services: tracheotomy care, skilled nursing, respite care, respiratory therapy, pain management, ostomy care, neuro-rehabilitation recovery, IV therapy, hospice and palliative care, wound care

Year established: 1971

Glen Island Center for Nursing & Rehabilitation

490 Pelham Road

New Rochelle 10805

866-614-4398 • gicnr.com

info@gicnr.com

Top executive/facility admissions

officer(s): Maury Flax, executive director; Harry L. Wruble, administrator

Services: audiology, wound management, respiratory care management, pain management, post-surgical rehabilitation and recovery, discharge planning, therapy services provided seven days per week

Year established: 1988

Kendal on Hudson

1010 Kendal Way, Sleepy Hollow 10591

866-358-5208 • kohud.kendal.org

Top executive/facility admissions

officer(s): James A. Antonucci Jr., executive director; Lisa Wacht, administrator of health services

Services: 24-hour nursing care, dietary consultation, social work and case management services, social and recreational services, hospice care and integrated physical, occupational and speech therapies

Year established: 2005

King Street Rehab

787 King St., Rye Brook 10573

600-7149 • kingstreetrehab.com

cburke@kingstreetrehab.com

Top executive/facility admissions

officer(s): Carolyn Zayas, director of admissions; Christina Burke, resident coordinator

Services: Alzheimer's care, subacute care, respite care, IV therapy, ostomy care, pain management, respiratory therapist, tracheost and occupational, physical and speech therapies; holistic treatments, nutrition services and leisure and outdoor activities

Year established: NA

Martine Center for Rehabilitation and Nursing

12 Tibbits Ave., White Plains 10606

287-7200 • centershealthcre.com/martine_center

Top executive/facility admissions

officer(s): Michael Hoch, administrator

Services: NA

Year established: 2012

Monarch Coopers Corner

11 Mill Road

New Rochelle 10804

819-5370 • MonarchCoopersCorner.com

Top executive/facility admissions

officer(s): William Crawford

Year established: 2022

The New Jewish Home

The Sarah Neuman Center

845 Palmer Ave., Mamaroneck 10543

698-6005 • jewishhome.org

Top executive/facility admissions

officer(s): Jeffrey I. Farber, president and CEO; Sandra Mundy, administrator

Services: 24-hour physicians, dieticians, on-site pharmacy, on-site radiology, psychology and psychiatry services, specialty clinics, therapy programs, palliative care and pain management and occupational, physical and speech therapies

Year established: 1991

Northern Westchester Restorative Therapy & Nursing Center

3550 Lexington Ave.

Mohegan Lake 10547

528-2000 • northwestchester.com

Top executive/facility admissions

officer(s): Valerie Zarcone, medical director

Services: Seven-day rehabilitation services, including physical, occupational and speech therapies; two to three hours per day of treatment; and a 3,000-square-foot rehabilitation gym

Year established: 1974

DISCOVER THE FINEST IN SENIOR LIVING



The Bristol Assisted Living has been serving seniors and their families in the tri-state area since 2000, offering independent and assisted living, as well as state-of-the-art memory care programs. We are committed to helping residents remain independent, while providing peace of mind that expert care is available, if needed. Designed with seniors in mind, each of our communities feature exquisitely appointed apartments and beautiful common areas that are perfect for entertaining. On-site services and amenities include daily housekeeping, gourmet meals, a cinema, salon, plus so much more. Discover a vibrant community, countless social events with new friends, and a luxurious lifestyle that you will only find at The Bristol.

SCHEDULE YOUR VISIT TODAY!

ARMONK
914-229-2590

The
Bristol
ASSISTED LIVING

WHITE PLAINS
914-215-5820

For a list of all locations in the tri-state area, visit: **THEBRISTAL.COM**

EB AN ENGEL BURMAN COMMUNITY
ENGEL BURMAN

Licensed by the State Department of Health.
Eligible for Most Long Term Care Policies.



The Osborn Pavilion

101 Theall Road, Rye 10580
925-8000 • theosborn.org
gmalone@theosborn.org

Top executive/facility admissions officer(s): Matthew Anderson, president and CEO; Giselle Malone, director of admissions

Services: Alzheimer's care, hospice, 24-hour physician coverage, subacute care, transportation van and physical, occupational and speech therapies

Year established: 1908

The Paramount at Somers

189 Route 100, Somers 10589
232-5101 • somersmanor.com

Top executive/facility admissions officer(s): Mark Badoloto, administrator

Services: on-site consultative services in audiology, optometry, podiatry, dermatology, dysphasia, medication management, psychiatry, psychological counseling, speech and language and wound care

Year established: 1959

Regency Extended Care Center

65 Ashburton Ave., Yonkers 10701
963-4000 • regencyextendedcare.com
csgaglione@regencyecc.com,
jhernandez@regencyecc.com

Top executive/facility admissions officer(s): Carole Sgaglione, regency administrator; Joyce Hernandez

Services: Alzheimer's care, subacute care, transportation van, hospice, dialysis, ventilators, bariatric/obesity care, wound care, IV therapy, diabetes management and physical, occupational and speech therapies

Year established: 1994

Sans Souci Rehabilitation & Health Center

115 Park Ave., Yonkers 10703
423-9800 • sanssoucirehab.com

Top executive/facility admissions officer(s): Judah Zutler, administrator

Services: physical, occupational and speech therapies; expertise includes joint replacements, orthopedic injuries and post-surgical recovery care; a specialized cardiopulmonary rehabilitation program

Year established: 1973

Sprain Brook Manor Rehab

77 Jackson Ave., Scarsdale 10583
472-3200 • sprainbrookmanor.com
sbernard@sprainbrookmanor.com

Top executive/facility admissions officer(s): Akiva Fried, nursing home administrator; Suzette Bernard, director of admissions

Services: specializations include treating stroke, neuromuscular disease, head trauma, spinal cord injury and brain tumors

Year established: 1973

St. Cabrini Nursing Home

115 Broadway, Dobbs Ferry 10522
693-6800 • cabrini-eldercare.org

Top executive/facility admissions officer(s): Patricia Krasnausky, president and CEO; Mary Ellen Merusi, director of admissions

Services: pulmonary rehabilitation, Alzheimer's care, hospice, occupational therapy, physical therapy, speech therapy, subacute care, transportation van, religious services, hospice, 24-hour physician coverage

Year established: 1973

United Hebrew

391 Pelham Road, New Rochelle 10805
632-2804 • unitedhebrewgeriatric.org
mhood@uhgc.org

Top executive/facility admissions officer(s): Rita Mabli, president and CEO; Maria Hood, director of admissions

Services: facility staff includes trained therapists from Burke Rehabilitation Hospital; Nightingale Neighborhood secure memory unit; recreation, art, music and pet therapies; and ophthalmology, dental and podiatry services and secure dementia unit

Year established: 1919

The Wartburg Skilled Nursing Facility

1 Wartburg Place, Mount Vernon 10552
573-5569 • wartburg.org
info@thewartburg.org

Top executive/facility admissions officer(s): David J. Gentner, president and CEO

Services: Memory care unit with specialized nursing area; creative aging and lifelong learning programming that includes classes in painting, ceramics, music and theatre; spiritual care to reduce stress; and palliative and hospice care

Year established: 1865

Waterview Hills Rehabilitation and Health Care Centers

537-539 Route 22, Purdys 10578
277-3691 • waterviewhills.com
lbenigni@wvshrehab.com

Top executive/facility admissions officer(s): Lisa Benigni, director of admissions

Services: prosthetic fitting and training, administration of artificial nutrition and hydration, complex medical management, respite and hospice care, specialized wound care, pain management and rehabilitation for patients with respiratory and cardiac conditions

Year established: NA

Yorktown Rehabilitation and Nursing Center

2300 Catherine St.
Cortlandt Manor 10567
739-2244, ext. 5560 • fieldhome.com

Top executive/facility admissions officer(s): John R. Ahearn, CEO

Services: full rehabilitative therapy, nutritional assessment and support, laboratory and diagnostic services, dental care, therapeutic care, social work services, psychological services and vision

Year established: 1879

**ADDITIONAL SERVICES****Helping Seniors of Westchester and Putnam counties**

Bedford Hills 10507
914-263-7716
seniorcarenorthwestchester.com
SHS.DebraLang@gmail.com

Top executive/facility admissions officer(s): Debra Lang

Services: Companionship, light housekeeping, transportation, meal preparation, medication reminders laundry, grocery shopping, social outings.

Home Instead

Serving Westchester and Putnam
77 Tarrytown Road, White Plains 10607
914-997-0400
HomeInstead.com/557

Top executive/facility admissions officer(s): Michelle Moorman, director of community relations

Services: Companionship and home helper, personal services, Alzheimer's or other dementias, transitional care services and hospice support.

IDENTIFYING EXCELLENCE IN MEMORY CARE



Look for a Purple Flag when looking for the best memory care community. Simply put, this represents a declaration of exceptional care for those living with dementia. The Greens at Greenwich is the recipient of The Purple Flag Accreditation awarded by the Connecticut Assisted Living Association and the Alzheimer's Association by successfully fulfilling rigorous requirements. "The Greens at Greenwich demonstrated extraordinary commitment in their successful Purple Flag accreditation submission," said Christopher Carter, CALA President.

We are a privately owned assisted living community located on the Greenwich/Westchester border in a beautiful residential area. The community consists of studio and one-bedroom suites with apartments designed to provide warmth, independence and safety.

We have been passionate about providing excellence in memory care for more than two decades. We are focused on providing creative and unique programs, on-going staff education and training and strong relationships with both our residents and their families. Our commitment to providing creative arts therapy programs and interventions has been the core of our best practice. Besides our Purple Flag and our Creative Arts Therapy programming, our intimate size is attractive to many people. We have 30 resident apartments on one level, many with garden views. Our welcoming garden is a resident and family highlight to meditate, chat or take a walk. It is a great honor to be acknowledged as a leader in

our specialty of memory care.

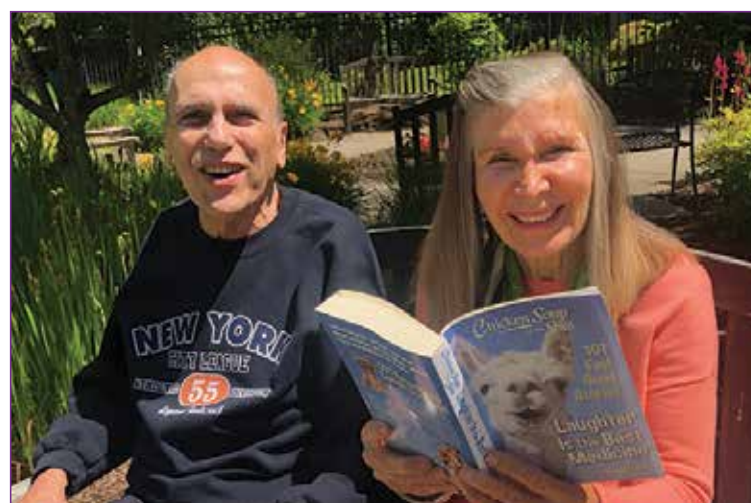
Although each staff person has his or her role, each engages in day-to-day connections and activities with residents. The chef may be talking about food with residents or taking a stroll with them in the garden. You will find the office manager actively engaged with a resident as they talk about "office procedures" and "work" or the Yankees. "Our programming philosophy is called The Cs of Connection," Beth Liebowitz, Program Director says. "Memory impairment can lead to feelings of internal and external disconnection, impacting the quality of life. We use our specialized training as licensed creative arts therapists to pave the road for connection in a safe supportive and fun environment."

Persons living with memory impairment, no matter the cause, deserve to live their life with dignity and purpose. At The Greens at Greenwich, all persons are treated with respect and seen as "whole" people who have shifted due to circumstance and are journeying in a path they would never have expected. Their families and friends are also a part of our "village" where we all play a role in caring for someone whose life responds to "the moment" and to love.

Maria Scaros, Executive Director, welcomes the opportunity to discuss your challenges regarding your loved one with memory impairment. Contact or email her to schedule a tour or have a phone conversation.

mscaros@thegreensatgreenwich.com.
203.531.5500.
thegreensatgreenwich.com.

The Greens
at Greenwich
Excellence in Dementia Care



DISCOVER JOY

- A Purple Flag Community. Accredited by the Connecticut Assisted Living Association (CALA) and the Alzheimer's Association in recognition for excellence in dementia care
- Recognized leader in providing the creative arts therapies as a means of communication and connection
- Privately owned small memory care assisted living residence located conveniently on the Greenwich/Westchester border



SCHEDULE A TOUR TODAY

Maria Scaros, Executive Director • 203.531.5500
mscaros@thegreensatgreenwich.com • thegreensatgreenwich.com



AT WARTBURG, YOU CAN LIVE YOUR BEST LIFE

Wartburg is unlike any retirement community you have ever seen before. We believe that the quality of life is as important as the quality of care. Wartburg's gated, lush 34-acre campus with 24-hour security is tucked behind a quiet residential neighborhood near the Mount Vernon-Pelham border. Since its beginnings as an orphanage more than 150 years ago, to the award-winning, comprehensive older adult care community, Wartburg offers a gold standard of living and care options.

Safety is always a priority at Wartburg. As we emerge from the shadow of Covid-19, Wartburg observes all federal and state mandated protocols to protect the health and safety of its staff and residents. We remain vigilant and dedicated to creating a community of care where seniors can avail themselves of the benefits of an urban lifestyle in a park-like setting, with the peace of mind that comes from knowing there is a team ready to help them as their needs change.



Whether you need temporary assistance or ongoing services, Wartburg has the support you need to live independently for as long as possible in a community that cares. We offer everything from independent senior living and assisted living options to nursing home facility. We also offer adult day care, palliative care, hospice care and



respite care. If you live independently, but require assistance, we offer in-home support for your daily needs and can also provide rehabilitation and skilled nursing services.

At Wartburg, you can age in place gracefully and secure that your health and safety are our priority. At Wartburg, you can live your best life.



Wartburg

One Wartburg Place, Mount Vernon, NY 10552 | 914-699-0800 | www.Wartburg.org

Refined, bespoke, original, captivating, and local. Finally, a senior residence designed to echo the people of Southern Westchester County WELCOME HOME TO MONARCH COOPERS CORNER.

Purpose-Driven + Minimalist Craftsman Style

Designed by nationally recognized architects and designers, everything has a purpose and a place, allowing time and space for personalization and self-awareness. Modern minimalist craftsman design is simple, elegant, and provides warmth through earthy tones, handcrafted stone, and woodwork, with natural focal points to encourage a better connection with the world around us.



Monarch Coopers Corner Executive Director William Crawford and Sales and Marketing Director Diane Farah.

Big Picture Wellness, Smaller Community Setting

A place where everyone knows you. Monarch Coopers Corner is one-of-a-kind, offering a boutique wellness setting with small-town familiarity and trusted support, plus modern amenities in a posh yet progressive environment. Located on the former site of a beloved family-run garden center and nursery, Monarch Coopers Corner will provide trusted care and attention to area seniors.

INTEGRATIVE WELLNESS + INTENTIONAL, INNOVATIVE DESIGN Safety First, Well-Being Always

We are enrolled to pursue WELL Certification by the International WELL Building Institute (IWBI) through WELL v2™, meaning our space upholds the highest level of integrity when it comes to design safety and well-being. All ten concepts are accounted for: Air, water, nourishment, light, movement, thermal comfort, sound, materials, mind, and community.

Ergonomic Design for Private Residences

Our space marries the five touchpoints of design: Safety, comfort, ease of use, productivity/performance, and aesthetics. Comfort and technology blend seamlessly

throughout common spaces, exteriors and private apartments, offering unique solutions to each resident's needs.

Frank Lloyd Wright-Inspired Living

Nature plays a significant role in our architectural and interior design process, encouraging healthy living in a natural,

multisensory locale. From abundant light, to oversized windows, a pocket park, and living walls, we are the only community in the area to feature Biophilia design.

Designed for Your Life

Monarch Communities leads the revolu-

tion of contemporary person-centric wellness senior living, designed for the next generation. A highly customized, curated, and an organic approach to wellness inspires everything we do. All members of our communities – residents, their families, and Monarch team members

» [Coopers Corner, page 12](#)



An Exclusive + Revolutionary Wellness Destination in the Heart of New Rochelle

Uncover the future of senior living at Monarch Coopers Corner, **debuting fall 2022**. Charming, bespoke, and quaint, our Independent Living, Assisted Living and Two Levels of Memory Care residence marries the concepts of integrative care and holistic, organic living.

- Purpose-driven spaces, minimalist craftsman style, and **Biophilia design**
- First of its kind enrolled to achieve **WELL Certification**
- Locally sourced fare, **person-centric wellness itineraries**, and **ergonomic design** throughout
- Unparalleled, curated care with 24/7 support
- Shared, family-style **wellness ecosystem**



Learn more about our community: Scan or visit MonarchCoopersCorner.com.

NOW ACCEPTING RESERVATIONS FOR RESIDENCY

Ready for something entirely new? Call **914-819-5370** for your private consultation at our Leasing Gallery today.



Leasing Gallery | 11 Mill Road, New Rochelle, NY 10804

INDEPENDENT LIVING | ASSISTED LIVING | MEMORY CARE

Monarch Coopers Corner caters to discerning seniors aged 65+.

Application materials for the establishment of an Assisted Living Residence are currently under review by the New York State Department of Health.



Area code: 203 (unless otherwise noted)

Bethel Health and Rehabilitation Center
13 Parklawn Drive, Bethel 06801
830-4180 • bethelhealthcare.com
dlatimer@nathealthcare.com

Top executive/facility admissions officer(s): Rich Demio, administrator; Dina Latimer, director of admissions
Services: occupational, physical and speech therapies, diabetes training, pulmonary rehabilitation services, neurological impairments, cardiac recovery, heart failure services, IV therapies, orthopedic injuries and post-surgical care, stroke rehabilitation and gastrointestinal disorders
Year established: 1994

Cambridge Health and Rehabilitation Center
2428 Easton Turnpike, Fairfield 06825
372-0313 • cambridgem.com
gferreira@nathealthcare.com

Top executive/facility admissions officer(s): Grace Ferreira, admissions director
Services: occupational, physical and speech therapies, pulmonary rehabilitation services, neurological impairments, cardiac recovery, respiratory therapy, heart failure services, amputee rehabilitation, IV therapies, stroke rehabilitation
Year established: 1988

Filosa for Nursing & Rehabilitation
13 Hakim St., Danbury 06810
794-9466 • filosa.com

Top executive/facility admissions officer(s): Barbara Malone, owner; Michael Malone, administrator
Services: 24-hour skilled nursing care, dietary services, recreational activities and specialized sub-acute, respite, hospice and Alzheimer's care
Year established: 1947

Greenwich Woods Rehabilitation & Health Care Center
1165 King St., Greenwich 06831
531-1335 • greenwichwoods.com
christineo@greenwichwoods.com

Top executive/facility admissions officer(s): David Segel, administrator; Christine O'Dea, admissions director
Services: optometry, audiology, podiatry, dermatology, dental, psychiatric services, hospice and palliative care and restorative nursing program
Year established: 1986

Hewitt Health & Rehab
45 Maltby St., Shelton 06484
924-4671 • apple-rehab.com
Admissions@apple-rehab.com

Top executive/facility admissions officer(s): Kevin Gendron, regional nursing home administrator
Services: specialty services include rehab team home safety evaluations, family and resident educational groups, support groups and comprehensive discharge planning; physical and occupational therapies and speech language pathology
Year established: 1949

Laurel Ridge Health Care Center
642 Danbury Road, Ridgefield 06877
438-8226
athenanh.com/ct_laurel_ridge.aspx
admissions@laurelridgehcc.com

Top executive/facility admissions officer(s): Lawrence G Smith, president and CEO
Services: 24-hour skilled nursing care, medically complex care, pain and wound management, IV therapy, pet therapy, cultural and intergenerational services, spiritual services, dementia care
Year established: 1994

Long Ridge Post-Acute Care
710 Long Ridge Road, Stamford 06902
329-4026 • longridgepac.com

Top executive/facility admissions officer(s): Jennifer Hartman, director of rehabilitation services
Services: maintenance physical, occupation and speech therapy programs, therapeutic recreation and an activities calendar, spiritual support services and clinical programs to maximize health, resident dignity and quality of life
Year established: 1993

Lord Chamberlain Nursing and Rehabilitation Center
7003 Main St., Stratford 06614
375-5894 • lordchamberlain.net
contact@lordchamberlain.net

Top executive/facility admissions officer(s): Richard Bates, administrator
Services: Alzheimer's support group, wound care, orthopedic and cardiac care
Year established: 1968

Masonicare at Newtown
139 Toddy Hill Road, Newtown 06470
426-5847 • masonicare.org

Top executive/facility admissions officer(s): Stephen B. McPherson, president; Ellen Casey, assistant nursing home administrator
Services: assisted living, assisting living with memory care, dementia and Alzheimer's care, heart failure program, rehabilitation, respite care and skilled nursing
Year established: 1983

Notre Dame Convalescent Homes Inc.
76 W. Rock Road, Norwalk 06851
847-5893 • ndrehab.org

Top executive/facility admissions officer(s): Richard Huntley, medical director; Julie Ashley, director of social services
Services: skilled nursing, rehabilitation, dementia/memory care, post-acute care, recreation therapy, hospice care
Year established: 1952

St. Joseph's Center
6448 Main St., Trumbull 06611
268-6204 • genesishcc.com/stjosephsinfo@genesishcc.com

Top executive/facility admissions officer(s): Marian Gaudio, center executive director; Melissa Hripak, director of admissions
Services: audiology care, bariatric specialties, colostomy care, dental care, IV therapy, personal care, pet therapy, podiatry care, psychiatric services, vision care, wound care, x-ray, hospice care, pain management and palliative care
Year established: 1960

The Jewish Home
4200 Park Ave., Bridgeport 06604
365-6400 • jseniors.org
admissions@jseniors.org

Top executive/facility admissions officer(s): Andrew H. Banoff, president and CEO; Liz Lockwood
Services: services include long-term care, rehabilitation services, home care, hospice, day services, advocacy and education and long-term care prevention
Year established: 1973

The Nathaniel Witherell
70 Parsonage Road, Greenwich 06830
618-4200 • thenathanielwitherell.org
gcoffios@witherell.org

Top executive/facility admissions officer(s): Allen Brown, executive director; George Cossifos, admissions manager
Services: therapeutic recreation, chaplaincy services, fine dining and amenities, including a beauty salon, a gift shop, a café, Wi-Fi accessibility and Direct TV available in resident rooms
Year established: 1903

Waveny Care Center
3 Farm Road, New Canaan 06840
594-5200 • waveny.org
liverson@waveny.org

Top executive/facility admissions officer(s): William Piper, CEO; Lynn Iverson, campus administrator
Services: physical, occupational and speech therapies; skilled nursing services include wound VACs, respiratory therapy and IV therapies, in addition to a program that uses a holistic approach to complement clinical care
Year established: 1975

Western Rehabilitation Care Center
107 Osborne St., Danbury 06810
792-8102 • westerncc.com

Top executive/facility admissions officer(s): NA
Services: maintenance physical, occupation and speech therapy programs, therapeutic recreation and an activities calendar, spiritual support services and clinical programs to maximize health, resident dignity and quality of life
Year established: 1976

WHAT YOU SHOULD KNOW ABOUT SHORT-TERM REHAB

From Harrison Edwards

Whether you or your loved one are facing surgery or recovering from a serious illness, short-term rehab may be on the list. But with so many options, what do you do first?

1. Start planning now. The body has an amazing ability to bounce back, but for optimal healing and function, you need put yourself in the hands of the professionals. If you've sustained an injury and/or joint replacement is in your future, or if you or a family member have cardiac-pulmonary issues, plan on short-term rehabilitation. The right care center will give you the expert therapeutic services and medical care in a non-hospital setting, so you can rebound more quickly.

2. Do your research. In the Westchester-Fairfield

region, there are many good choices. However, some care centers are better equipped to handle your recovery than others. As you make your list, ask yourself: Is the care center close to home? Is it certified? Has it received high rankings? Does it have state-of-the-art equipment?

While professional expertise and outstanding care are top of the list, location is an important consideration. You want to be close to your medical team and family members as well.

3. Pay a Visit. When making a decision, beware the 'Chandelier Effect'. In other words, look beyond a glitzy foyer and ask to see the rehabilitation rooms, equipment, dining facilities, suites. And by all means, check the exterior and garden spaces. You want outstanding care, but

paired with a good experience. Does the care center offer comprehensive care? Specialty services? Post-discharge support? Is it clean? Is there easy access to parking?

The big difference: **The Nathaniel Witherell.** Located on 22-magnificent acres in Greenwich, near the Westchester County border, The Nathaniel Witherell provides world-class short-term rehab, therapeutic, and skilled nursing care as well as caregiver support – all in a wonderful setting.

Short-term rehab candidates of any age are prioritized for admission and may be accommodated within hours. The Admissions staff is available six days a week to help expedite the admissions process. **Call 203-618-4232 or visit their site thenathanielwitherell.org.**

REHAB SERVICES



Orthopedic

Surgical aftercare for hip, knee, shoulder, and joints



General Medicine

Care for end-stage renal disease (ESRD), cancer recovery, arthritis, sepsis management, IV therapy, and other deconditioning illnesses



Cardiac/Pulmonary

Recuperation after heart surgery, heart attack (MI), congestive heart failure (CHF), chronic obstructive pulmonary disease (COPD)



Neurological

Rehabilitation after back surgery, spinal cord injury, stroke (CVA), Parkinson's Disease, Multiple Sclerosis (MS)



Outpatient Rehabilitation

Physical, occupational and speech therapy available on an outpatient basis

www.thenathanielwitherell.org

THE BEST SENIOR CARE Is Close to Home.

Compassionate skilled nursing care that's nationally recognized for excellence, quality, safety and staffing. Get the care your loved one needs and the peace of mind you deserve, right in the community.

- SKILLED NURSING
- THERAPEUTIC RECREATION
- MEMORY CARE
- ROBUST AMENITIES

Call today. (203) 618-4200
NathanielWitherell.org

The
**Nathaniel
Witherell**



WESTCHESTER COUNTY

Area code: 914 (unless otherwise noted)

Atria Briarcliff Manor
1025 Pleasantville Road
Briarcliff Manor 10510
401-4310 • atriabriarcliffmanor.com
sales-313@atriaseniorliving.com
Facility administrator: Elizabeth Connors
Year established: 1997

Atria on the Hudson
321 N. Highland Ave., Ossining 10562
401-4430 • atriasonthehudson.com
sales-762@atriaseniorliving.com
Facility administrator: Kristen Armstrong
Year established: 2005

Atria Rye Brook
1200 King St., Rye Brook 10573
356-8633 • atriaryebrook.com
sales-436@atriaseniorliving.com
Facility administrator: Margaret Minichini
Year established: 2004

Atria Woodlands
1017 Saw Mill River Road, Ardsley 10502
356-8428 • atriawoodlands.com
sales-467@atriaseniorliving.com
Facility administrator: Margarida Velardo
Year established: 2004

The Bristol Assisted Living at Armonk
90 Business Park Drive, Armonk 10504
930-6980 • thebristol.com/armonk
eantonucci@ultimatecaremgmt.com
Facility administrator: Samantha Krieger
Year established: 2014

The Bristol Assisted Living at White Plains
305 North St., White Plains 10605
984-5343
thebristol.com/white-plains/
eantonucci@ultimatecaremgmt.com
Facility administrator: Laureen Kelley
Year established: 2013

Chelsea Senior Living (The Chelsea at Greenburgh)
715 Dobbs Ferry Road
White Plains 10607
275-0010 • chelseaseniorliving.com
fploger@cslal.com
Facility administrator: Diane Mandracchia
Year established: 2019

The Club at Briarcliff Manor
25 Scarborough Road
Briarcliff Manor 10510
618-5496
theclubatbriarcliffmanor.com
info@theclubbcm.com
Facility administrator: Matthew Phillips
Year established: 2019

The Country House in Westchester (Meridian Senior Living)
2000 Baldwin Road
Yorktown Heights 10598
962-3625 • meridiansenior.com
coho.adm@meridiansenior.com
Facility administrator: Robert Sweet and Timothy O'Brien
Year established: 1976

Five Star Premier Residences of Yonkers
537 Riverdale Ave., Yonkers 10705
423-2200 • fivestarseniorliving.com
Facility administrator: Bruce J. Mackey Jr.
Year established: 2000

Kendal on Hudson
1010 Kendal Way, Sleepy Hollow 10591
866-358-5802 • kohud.kendal.org
Facility administrator: Steve Fishler
Year established: 2007

The Kensington Assisted Living Residence
100 Maple Ave., White Plains 10601
390-0080
thekensingtonwhiteplains.com
ecolby@kensingtonsl.com
Facility administrator: Celina Watson
Year established: 2011

Meadow Lane Independent Living (Part of the United Hebrew Comprehensive Campus of Care)
60 Willow Drive, New Rochelle 10805
336-2339 • uhgc.org
jlanza@uhgc.org
Facility administrator: Rita Mabli, president and CEO; Joanne Russo-Lanza, vice president, senior housing
Year established: 2016

The Osborn
101 Theall Road, Rye 10580
925-8000 • theosborn.org
marketing@theosborn.org
Facility administrator: Matthew G. Anderson
Year established: 1908

Soundview Apartments (Part of the United Hebrew Comprehensive Campus of Care)
40 Willow Drive, New Rochelle 10805
632-2804 x 1240 • uhgc.org
jlanza@uhgc.org
Facility administrator: Rita Mabli, president and CEO; Joanne Russo-Lanza, vice president, senior housing
Year established: 1980

Wartburg
1 Wartburg Place, Mount Vernon 10552
573-5569 • wartburg.org
info@wartburg.org
Facility administrator: David Gentner
Year established: 1866

Waterstone of Westchester Welcome Center
15 Maple Ave., White Plains 10605
914-216-7200
Future Community
150 Bloomingdale Road
White Plains, 10605
914-295-2177 • waterstonesl.com
Executive director: Margaret Minichini
mminichini@waterstonesl.com
Senior advisor: Cathe Schaefer
cschaefer@waterstonesl.com
Year Established: 2022

Willow Gardens Memory Care (Part of the United Hebrew Comprehensive Campus of Care)
60 Willow Drive, New Rochelle 10805
336-2338 • willowgardens.org
nobrien@willowtowers.com
Facility administrator: Rita Mabli, president & CEO
Nora O'Brien, executive director
Year established: 2015

Willow Towers Assisted Living (Part of the United Hebrew Comprehensive Campus of Care)
355 Pelham Road, New Rochelle 10805
636-6565 • willowtowers.com
nobrien@willowtowers.com
Facility administrator: Rita Mabli, president & CEO; Nora O'Brien, executive director
Year established: 2003

Yorktown Assisted Living Residence
2276 Catherine St.
Cortlandt Manor 10567
739-2255 • yorktownal.com
info@yorktownal.com
Facility administrator: Ephraim Zagelbaum
Year established: 2003

Yorktown Rehabilitation Nursing Center
2300 Catherine St.
Cortlandt Manor 10567
739-2244 • yorktownrnc.com
info@yorktownrnc.com
Facility administrator: Ephraim Zagelbaum
Year established: 2003



Assisted Living or In-Home Care?

The Kensington White Plains Can Help You Choose

The Kensington White Plains is an enhanced assisted living and memory care residence built around the promise “to love and care for your family as we do our own.”

We provide whatever care and services are necessary to meet the diverse needs of our residents. Our comprehensive spectrum of clinical support and partnerships with specialty medical resources address physical challenges. Our team offers round-the-clock vigilance, emotional comfort, recreational enrichment and companionship. And we give residents the choice to enjoy visits from guests as often as they like, just like home.

We know what we do best, and we have seen Kensington residents flourish with our care and attention. But we also know that making the decision to move loved ones from their home to ours is not always easy. As a result, some families hire in-home caregivers so their loved ones can

continue living at home while getting help with tasks such as housekeeping, meal preparation, bathing and dressing. However, The Kensington offers distinct advantages over in-home care, such as:

- Credentialed and insured caregivers who are trained to identify and respond immediately to concerning changes in health, behavior and memory
- Routine opportunities for socialization, which ward off depression and memory loss
- Fee structures that are often competitive when hourly in-home rates increase
- Best-in-class clinical and memory care programs with three unique tiers
- A true caregiving partnership with you

If you need help making a care choice for a senior you love, then please reach out to us at The Kensington. We promise a compassionate ear, a candid evaluation of your circumstances, and comprehensive expertise.


THE KENSINGTON
 An Assisted Living Residence
 WHITE PLAINS



(914) 390-0080 | 100 Maple Ave, White Plains, NY 10601 | www.TheKensingtonWhitePlains.com • Enhanced Assisted Living & Three Unique Tiers of Memory Care



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Area code: 203 (unless otherwise noted)

Atria Darien
50 Ledge Road, Darien 06820
989-2414 • atriadarien.com
sales-434@atriaseniorkliving.com
Facility administrator: Janis Knorr
Year established: 1997

Atria Stamford
77 Third St., Stamford 06905
989-4916 • atriaseniorkliving.com
kim.houghton@atriaseniorkliving.com
Facility administrator: Lisa Kinsella
Year established: 1973

Benchmark Senior Living at Ridgefield Crossings
640 Danbury Road, Ridgefield 06877
403-4383 • benchmarkseniorliving.com
edrx@benchmarkquality.com
Facility administrator: Thomas Grape
Year established: 2003

Brighton Gardens of Stamford
59 Roxbury Road, Stamford 06902
322-2100 • sunriseseniorkliving.com
information@sunriseseniorkliving.com
Facility administrator: Chris Winkle
Year established: 1997

Commons of Newtown (Masonicare)
139 Toddy Hill Road, Sandy Hook 06470
364-3177 • masonicare.org
info@masonicare.org
Facility administrator: Jon-Paul Venoit
Year established: 1999

Crosby Commons Assisted Living
580 Long Hill Ave., Shelton 06484
225-5024 • umh.org/wesley-village/crosby-commons
lbisson@umh.org
Facility administrator: David M. Lawlor
Year established: 1999

Edgehill Community
122 Palmer Hill Rd, Stamford, CT 06902
204-8449 • edgehillcommunity.com
Facility administrator: NA
Year established: NA

Glen Crest, An Independent Living Facility
3 Glen Hill Road, Danbury 06811
790-9161 • genesishcc.com/GlenCrest
Facility administrator: Marnie Tetreault
Year established: 1986

The Greens at Cannondale
435 Danbury Road, Wilton 06897
761-1191 • thegreensatcannondale.com
Facility administrator: Ron Bucci
Year established: 1998

The Greens at Greenwich
1155 King St., Greenwich 06831
531-5500 • thegreensatgreenwich.com
mscaros@thegreensatgreenwich.com
Facility administrator: Maria Scaros
Year established: 2001

The Inn (An affiliate of Waveny LifeCare Network)
73 Oenoke Ridge, New Canaan 06840
594-5302 • waveny.org
admissions@waveny.org
Facility administrator: Russell R. Barksdale, Jr.
Year established: 1981

Maplewood at Danbury
22 Hospital Ave., Danbury 06810
475-204-2466
maplewoodatdanbury.com
infoatmsl@maplewoodsl.com
Facility administrator: Gregory D. Smith
Year established: 2006

Maplewood at Darien
599 Boston Post Road, Darien 06820
202-3676 • maplewoodatdarien.com
infoatmsl@maplewoodsl.com
Facility administrator: Gregory D. Smith
Year established: 2012

Maplewood at Strawberry Hill
73 Strawberry Hill Ave.
East Norwalk 06855
590-1921
maplewoodatstrawberryhill.com
infoatmsl@maplewoodsl.com
Facility administrator: Gregory D. Smith
Year established: 2012

Maplewood Senior Living
1 Gorham Island, Westport 06880
544-2994 • maplewoodseniorliving.com
infoatmsl@maplewoodsl.com
Facility administrator: Gregory D. Smith
Year established: 2010

Masonicare at Ashlar Village
Cheshire Road, Wallingford 06492
800-382-2244 • masonicare.org
info@masonicare.org
Facility administrator: Jon-Paul Venoit
Year established: 1985

Spring Meadows
6949 Main St., Trumbull 06611
877-648-1989
springmeadowstrumbull.com
gdevey@capitalseniorkliving.net
Facility administrator: Kim Lody
Year established: 2000

The Village at Brookfield Common
246A Federal Road, Brookfield 06804
885-7460 • benchmarkquality.com
edvbc@benchmarkquality.com
Facility administrator: Thomas H. Grape
Year established: 1999

The Village at Waveny Care Center
3 Farm Road, New Canaan 06840
594-5200 • waveny.org
admissions@waveny.org
Facility administrator: Russell R. Barksdale, Jr.
Year established: 2001

Waterstone on High Ridge Welcome Center
30 Buxton Farm Road, Suite 210
Stamford 06905
475-400-9200
Future Community
215 High Ridge Road, Stamford 06905
203-361-9717 • waterstonesl.com
Executive director: Wendy Kaufman
wkaufman@waterstonesl.com
Senior advisor: Sara Philpott
sphilpott@waterstonesl.com
Year Established: 2021

Coopers Corner —

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Please inquire about our Founder's Circle for early depositors.



Monarch Cooper's Corner lobby and wine bar.

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Leasing Gallery (now open)
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914-221-0472
MonarchCoopersCorner.com