

**The Greens at Greenwich
News and Views**

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An Attitude of Gratitude



As we welcome in the month of November, we embrace the season of gratitude. This time of year gently reminds us to show appreciation for and return kindness to others each day. We're reminded that each small joy and special moment we encounter should be acknowledged, savored, and shared. Of course, gratitude is not limited to one month per year, but the month of November kickstarts the tenderhearted holiday season and invites us to reflect on all of our many blessings.

Here at The Greens, we find ourselves reflecting on what we're grateful for time and time again. Many residents offer thoughtful reflections during programs, utilizing the group space to reflect on what they're grateful for with one another. Whether it's sipping a hot cup of coffee with tablemates during meals, admiring our garden reflecting the change of seasons, lending our voices to an especially sweet song, learning more about each other's stories, or feeling inspired by one another's creativity, our residents share so many beautiful moments of joy and appreciation each day.

Our staff at The Greens is grateful for every single one of our residents who teach us more about life and love than we can imagine. We're grateful for our community of vendors, volunteers, therapists, and doctors who bring their expertise, talents, and care to our residents. And, of course, we are grateful for the families who help us care for our residents to the best of our abilities and entrust us with their loved ones. May this holiday season bring us all many moments of peace, appreciation, and sweet gratitude.



The Greens AT GREENWICH

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Events and Activities



This month we honor Sheila, part of our amazing programming team, for filling our halls with festivity and creativity each day.



Getting into the spirit of the season with our Oktoberfest Woodwind Duet.