

## The Greens at Greenwich News and Views

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### **Programming:** **Connecting** **Mind, Body & Soul**

 Creative Arts Therapies


 Continuing Education

 Curated Sensory Experiences

 Community Engagement

 Celebration & Spirituality

 Conditioning  
& Strengthening

 Captivating Concerts  
& Recreation

## **FALL IS HERE!**



*The Greens*  
*at Greenwich*  
***Excellence in Dementia Care***

An Assisted Living Residence  
1155 King Street  
Greenwich, Connecticut 06831  
(203) 531-5500  
(203) 531-1224 (Fax)

Maria Scaros, Executive Director  
Barbara Mullins, SALSA RN  
Caroline Greco, Program Director  
Luis Arista, Executive Chef  
Debbie Merigliano, Administrative Assistant

## Events and Activities

### **An Afternoon at The Bruce.... Finding Wellness Through Art**

Tuesday October 24<sup>th</sup>, 4-6pm  
Meet in the main lobby.



Spend an afternoon exploring, discovering, and connecting at the Bruce Museum. Enjoy a private tour of the Museum followed by a discussion on the effects of art on the brain. Deepen your understanding of how the brain processes art and why art makes us feel the way we feel.

A partnership between the Bruce Museum and The Greens at Greenwich, the program starts with time in the Bruce Museum galleries with Corinne Flax, Bruce Museum Manager of School, and Community Partnerships. After the gallery experience Maria Scaros, Creative Arts Therapist and Executive Director, The Greens at Greenwich, will lead the group in a discussion of the neuroscience of art and the effect of the arts on cognitive functionality, mental and physical wellness.

Light refreshments will be served following the gallery experience. Please check our website for registration information.



**Jane K. 10/6**  
**Carol L. 10/16**  
**Tim S. 10/25**



**Annemarie S.**