


**In this Issue!**

- Meet Andy Zhina
- November Calendar of Events
- Events and Activities

**Programming:**  
**Connecting Mind, Body & Soul**

 Creative Arts Therapies

 Continuing Education

 Curated Sensory Experiences

 Community Engagement

 Celebration & Spirituality

 Conditioning & Strengthening

 Captivating Concerts & Recreation

**Meet Andy Zhina**



The Greens is thrilled to welcome Andy Zhina as our full-time Program Coordinator! Andy holds a Bachelor’s Degree in Sports Studies and Psychology from Manhattanville College. His work began with coaching children ages 2-8 with Soccer Stars United. Andy also organized weekend soccer programming with Chappaqua AYSO for their VIP Program providing a quality soccer experience for children whose physical or mental disabilities made it difficult to successfully participate on mainstream teams. Prior to his move to the Greens, Andy was the Program Coordinator for Pathways’ Success Club which connected Greenwich clients who live with schizophrenia, depression, ADHD, and psychotic disorders with the world around them through programs designed to build confidence and connections.

At Pathways, Andy became very passionate about assisting people living with specific needs. “I think everyone should have the chance to live a happy and fulfilling life, and I’m happy I got to help others do that at Pathways. Through various skill development activities, I helped people achieve their personal goals and become a positive member in their community. It was amazing to see how much of a positive influence I could make on their lives. Although the needs of individuals with memory impairment can differ from those experiencing mental health disorders, I’m excited to bring that same positivity and connection-building approach to the residents here at the Greens.”

On a weekly basis, Andy facilitates a variety of programs: Men’s Group, Open-Art Studio, Fitness, News & Views, Spiritual services, Travel lectures, and a newly featured program, Wide World of Sports. “My favorite memories growing up come from playing soccer and watching it with my Dad. I believe sports help bring people together, create lasting memories, and unlock a little bit of that child-like excitement we all have inside. My hope is that through Wide World of Sports the residents get a chance to reconnect with a part of their life they hadn’t seen in a long time.”

Since starting at the Greens, Andy enjoys spending time with residents during groups and small one-on-one connections made throughout the day. He’s excited to continue learning about everyone’s personal history and finding new ways to create engagement. “One of my favorite things about the Greens is getting to see everyone’s personal items outside of their rooms. I get a sense of the life they had before moving here, and the values that they still hold close to their hearts. It’s been wonderful to make connections with everyone and I can’t wait to continue making more.”

Andy is very excited to be a part of the Greens community. He feels honored to become part of everyone’s lives and is looking forward to helping all the residents reach their full potential. Please feel free to stop by and say hello!



*The Greens*  
*at Greenwich*  
**Excellence in Dementia Care**

An Assisted Living Residence  
1155 King Street  
Greenwich, Connecticut 06831  
(203) 531-5500  
(203) 531-1224 (Fax)

Maria Scaros, Executive Director  
Barbara Mullins, RN, SALSA  
Caroline Greco, Program Director  
Luis Arista, Executive Chef  
Debbie Merigliano, Administrative Assistant

## Events and Activities

Enjoying the views at the Neuberger Museum of Art is always a treat.



Anita P. 11/17



Meg B.