

End of Year Musings

In this Issue!

- End of Year Musings
- December Calendar of Events
- Activities and Events

Programming:
Connecting
Mind, Body & Soul

 Creative Arts Therapies


 Continuing Education

 Curated Sensory Experiences

 Community Engagement

 Celebration & Spirituality

 Conditioning
& Strengthening

 Captivating Concerts
& Recreation



Dear Families and Friends,

A brand-new year is just around the corner. If you are like me, you will reflect on the past year and look forward to the next. At The Greens, we continue to enjoy the goodness of life and the blessings of family and friends. We will soon wish each other a happy healthy 2024 and continue to celebrate all year through.

We have gained a few new staff members. Danielle and Ashley have joined our CNA staff, and when they are not at the Greens, they are in school studying for a degree in Nursing. Andy has joined us in the Program office and has introduced a Men’s Club and a Wide World of Sports program. Debbie has returned as our Art Therapist and Dominique has joined us as our Dance/Movement Therapist.

Music continues to fill our home. Dancing and storytelling are always favorites, especially this time of year. The “Buddy Program” with Sacred Heart began again in the Spring. The girls and the residents meet each week and complete a project. The goal being to encourage and inspire and get to know one another in the process. Myths and Legends is a spin off from drama therapy and

has become popular. Besides enjoying stories, we have recently debated on whether King Arthur, Robin Hood, or William Shakespeare were real people. The arguments residents pose are quite compelling. Meditation and lectures on art and music and photography are popular. Our collaboration with the Bruce Museum continues. Our visits to the new Bruce Museum and the Neuberger are favorite trips.

We welcomed new residents and said goodbye to old friends. We look forward to new paths in the new year and are confident in the blessings to come in 2024. During this holiday season I want to thank the Greens Team for their commitment to our residents. To our families, thank you for the privilege of caring for your loved one. And most importantly, thank you to our residents who bring us joy and wisdom every day. Wishing you all a season of boundless joy, family and love, and a new year of peace throughout our world.

With my warmest regards,

Maria



DECEMBER 2023/VOLUME 22/ISSUE 12

The Greens
at Greenwich
Excellence in Dementia Care

An Assisted Living Residence
1155 King Street
Greenwich, Connecticut 06831
(203) 531-5500
(203) 531-1224 (Fax)

Maria Scaros, Executive Director
Barbara Mullins, RN, SALSA
Caroline Greco, Program Director
Luis Arista, Executive Chef
Debbie Merigliano, Administrative Assistant

Activities And Events

**HAPPY
HOLIDAYS!**

From Our Home To Yours...

Wishing You The Blessings And

Joy Of This Holiday Season

And A Happy And Healthy

New Year!



Congratulations to Claire Boss, our Music Therapy Fieldwork student from SUNY New Paltz, for completing her semester study with us in the Creative Arts Therapies.