



The Greens at Greenwich News and Views

Volume 23/Issue 2 February 2024

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Programming: Connecting Mind, Body & Soul















An Afternoon of Art





The feeling of home is a theme that we discuss, cultivate, and deeply value here at The Greens. Recently, the residents enjoyed getting a glimpse into various concepts of home at the Flinn Gallery's most recent exhibition, *Home Sweet Home*. In this exhibition, curated by Ellen Hawley, four women artists delve into the tangible and intangible aspects of the concepts of home. Through a range of mediums, these artists (Brigid Kennedy, Misla, Mary Tooley Parker, & Nitza Tufiño) skillfully weave narratives of home, family, and community.

Residents walked around the beautiful space and selected their favorite pieces: the pieces that they felt most closely reflected their own concepts of home. After viewing the exhibition, residents shared their own personal concepts of home with each other while sipping hot tea and enjoying sweet treats in The Cafe at Greenwich Library. Both the Flinn Gallery and The Cafe are housed by Greenwich Public Library, one of our favorite spots to visit in the community. Few things beat an afternoon of captivating art, delicious food, and friendly company. We look forward to many more trips out into our community this year!





FEBRUARY 2024/VOLUME 23/ISSUE 2



An Assisted Living Residence 1155 King Street Greenwich, Connecticut 06831 (203) 531-5500 (203) 531-1224 (Fax)

Maria Scaros, Executive Director
Barbara Mullins, SALSA RN
Caroline Greco, Program Director
Luis Arista, Executive Chef
Debbie Merigliano, Administrative Assistant

Events and Activities



the **Bruce**

The Greens at Greenwich and the Bruce Museum present
Afternoon of Wellness: Exploring How Art Moves Us

Tuesday, February 27th, 4-6pm \$20 per attendee

Explore the exhibition *Tracing Lineage: Abstraction and its Aftermath* with a Bruce Museum Educator through the lens of movement and mark making. After this aesthetic experience, participants will work with Dance/Movement Therapist Grace Holden in the exhibition *Anila Qayyum Agha: Dualities*. Participants will be guided in exercises to help engage with the artwork nonverbally in a safe and supportive setting. The active portions of the program will be followed by a thirty-minute group conversation and light refreshments. Reservations required and space is limited.

Please register at brucemuseum.org.

