

Excellence in Dementia Care

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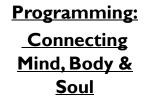
The Greens at Greenwich News and Views

March 2024

Volume 23/Issue 3

In this Issue!

- National Creative Arts Therapies Week
- March Calendar of Events
- Activities and Events





Captivating Concerts & Recreation



During Creative Arts Therapies week, the third week of March, Creative Arts Therapists around the country aim to celebrate and spread awareness about and the wonderful field. We've all heard the famous Hans Christian Andersen quote, "when words fail, music speaks." While this is undeniably true, we might think about broadening this perception to encompass all of the arts. The truth is, where words fail, the arts speak. All of the arts provide us with a means of deeply powerful expression, connection, and communication. Creative Arts Therapists utilize their respect modalities (music, art, dance/movement, and drama) to optimize health and wellness for a variety of populations.





Here at The Greens, our residents are given the space to connect with parts of themselves and each other in daily/ weekly music therapy, art therapy, dance/movement therapy, and drama therapy groups. Engaging in creative expression all together allows residents to discover each others' stories, memories, and passions while sharing their own. This March we invite everyone to indulge in the arts and allow yourself to feel extra inspired!



Honoring National Creative Arts Therapies Week!

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Excellence in Dementia Care

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Activities and Events

Arranging fresh flowers has us looking forward to spring!





John W. 3/30



Janet C.