

The Greens at Greenwich News and Views

Volume 23/Issue 3

March 2024

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During Creative Arts Therapies week, the third week of March, Creative Arts Therapists around the country aim to celebrate and spread awareness about and the wonderful field. We've all heard the famous Hans Christian Andersen quote, "when words fail, music speaks." While this is undeniably true, we might think about broadening this perception to encompass *all of the arts*. The truth is, where words fail, *the arts* speak. All of the arts provide us with a means of deeply powerful expression, connection, and communication. Creative Arts Therapists utilize their respect modalities (music, art, dance/movement, and drama) to optimize health and wellness for a variety of populations.



Here at The Greens, our residents are given the space to connect with parts of themselves and each other in daily/ weekly music therapy, art therapy, dance/movement therapy, and drama therapy groups. Engaging in creative expression all together allows residents to discover each others' stories, memories, and passions while sharing their own. This March we invite everyone to indulge in the arts and allow yourself to feel extra inspired!



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The Greens *at Greenwich*

Excellence in Dementia Care

An Assisted Living Residence
1155 King Street
Greenwich, Connecticut 06831
(203) 531-5500
(203) 531-1224 (Fax)

Maria Scaros, Executive Director
Barbara Mullins, SALSA ,RN
Caroline Greco, Program Director
Luis Arista, Executive Chef
Debbie Merigliano, Administrative Assistant

Activities and Events

Arranging fresh flowers has us looking forward to spring!



John W. 3/30



Janet C.