



The Greens at Greenwich and the Bruce Museum present Afternoon of Wellness: Connect, Explore, Experience--Linking Art and Music

Tuesday, June 11, 4-6 pm \$20 per attendee Bruce Museum, Greenwich

Space is Limited. Register Today

Join us for a collaborative afternoon exploring the connections between our physical and mental health and the mediums of art and music. Explore the exhibitions **Jennifer Angus**: **Golden Hour** and **Andy Warho**I: **Small is Beautiful** on a tour designed by museum educator Corinne Flax and music therapist Caroline Greco. Utilize your senses of sight and hearing and explore how art may move you to make music. \$20 per Attendee.

What to expect from the Linking Art and Music program:

Participants will be asked to step outside their comfort zones and be open to new collaborative experiences. Using different pieces in the galleries as inspiration, participants will create their own rhythmic and emotive musical expressions. During the workshop component participants will explore how music helps them tap into their emotions and explore the different emotional impacts of lines and densities.

Registration is required.

Follow This Link for Registration and More Information