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**Programming:**  
**Connecting**  
**Mind, Body & Soul**

 Creative Arts Therapies


 Continuing Education

 Curated Sensory Experiences

 Community Engagement

 Celebration & Spirituality

 Conditioning  
& Strengthening

 Captivating Concerts  
& Recreation

**Thank You, Juliana!**



My name is Juliana Urrico and I am the Clinical Mental Health Intern from Sacred Heart University. As my internship comes to an end, I'd like to take the time to reflect on the last 7 months. This experience has truly exceeded my expectations and I could not be more appreciative. I've been given the opportunity to grow into the counselor I've always aspired to be. Most importantly, I've been able to build meaningful relationships with the residents and staff. Continuing my work with this population has been beyond rewarding and critical to my growth. I was introduced to the creative arts coming to The Greens community and have been able to appreciate the beauty and authenticity which has expanded my knowledge in new ways of communicating.

I want to say a special thank you to Maria Scaros, Dr. Smith, and Caroline Greco for the endless amount of support and opportunities. Thank you all for your

leadership while also allowing me to explore. Your guidance and wisdom does not go unnoticed. You all have welcomed me with open arms, and I could not be more grateful. I want to extend my thank you to the rest of the staff as well, as I've been able to learn from each and every one of you.

I've enjoyed seeing the smiles of each and every resident as I walk through The Greens' doors. Together we have shared memories, laughed, and challenged our minds. I want to share the joys and triumphs and most importantly the positives. The stories of these residents share themes of resilience and newfound sources of purpose and meaning. The Greens is truly a special place that will never be forgotten. I leave my internship experience here with a newfound confidence and continuing desire to help others.



# The Greens at Greenwich

## Excellence in Dementia Care

An Assisted Living Residence  
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(203) 531-1224 (Fax)

Maria Scaros, Executive Director  
Barbara Mullins, RN, SALSA  
Caroline Greco, Program Director  
Luis Arista, Executive Chef  
Debbie Merigliano, Administrative Assistant

## Events and Activities

Please join us!

### Ice Cream on the Patio

Thursday, August 22nd

5:30-7:30PM

RSVP: [debbiem@thegreensatgreenwich.com](mailto:debbiem@thegreensatgreenwich.com)

Last month, residents and families gathered for an extra special Dance/Movement Therapy group.

