

In this Issue!

- Assisted Living Week
- September Calendar of Events
- Events and Activities

**Programming:
Connecting
Mind, Body & Soul**

 Creative Arts Therapies


 Continuing Education

 Curated Sensory Experiences

 Community Engagement

 Celebration & Spirituality

 Conditioning
& Strengthening

 Captivating Concerts
& Recreation

Celebrating National Assisted Living Week & Grandparents Day



We are thrilled to celebrate this year's National Assisted Living Week theme: Inspiring Generations. Each year the National Center for Assisted Living provides a unique opportunity for residents, their loved ones, staff, volunteers, and local communities to recognize the role of assisted living in caring for older adults and individuals with disabilities. This year's theme not only reminds us to look at how assisted living has evolved and grown, but also reminds us to listen to and learn from older generations, share stories and wisdom, and find inspiration from each other.

This year's National Assisted Living Week kickstarts with Grandparents Day on September 8th. Grandparents Day is meant to honor the love only grandparents can provide. We are fortunate enough to witness this special bond frequently in our community; nothing warms our hearts more than seeing our residents share special moments with their grandchildren (and for some, great-grandchildren). May we all embrace the spirit of listening, learning, sharing, and inspiring this month!



SEPTEMBER 2024/VOLUME 23/ISSUE 9

The Greens
at Greenwich
Excellence in Dementia Care

An Assisted Living Residence
1155 King Street
Greenwich, Connecticut 06831
(203) 531-5500
(203) 531-1224 (Fax)

Maria Scaros, Executive Director
Barbara Mullins, SALSA RN
Caroline Greco, Program Director
Luis Arista, Executive Chef
Debbie Merigliano, Administrative Assistant

Events and Activities



The Greens at Greenwich and The Bruce Museum present

Afternoon of Wellness: Story Telling through Art

Tuesday October 22nd 4:00-6:30pm

\$20 per attendee

In this final iteration of the 2024 Afternoon of Wellness series, participants will explore the therapeutic benefits of storytelling. Using the exhibition "Joel Sternfeld: American Prospects," October 3, 2024 – January 5, 2025, for inspiration, participants will explore the story within the narratives in Sternberg's photos, discovering commonalities and shared experiences through the process.

Participants will be guided through the exhibition to discover their story. It will be facilitated by Creative Arts Therapist Maria Scaros and Museum Educator Corinne Flax. Reservations required and space is limited.

Please register at brucemuseum.org.



Dolores W. 9/9

Loulette J. 9/29



Patricia H.