

JULY 2026

MONTHLY ACTIVITIES

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
				10:15 Cardio Drumming 10:15 Expressing Through Art 11:15 Photograph Club 11:15 Brain Teasers 1:00 Balloon Volleyball 1:00 Puzzle Club 1:30 Sing Along 2:00 Gardening Club 2:30 Piña Coladas and Snacks! 3:00 Nail Salon 3:00 Reminiscing and Feeling 3:45 Dance Therapy	National Disco Day 10:00 Eucharistic with Fran 10:15 Chair Zumba 10:15 Expressing Through Art 11:00 Trivia Around the World 11:15 Watering the Plants 1:00 Disco Party 1:30 Music Therapy 2:30 Trip to Raphael's Bakery 2:30 Appetizers and Drinks 3:00 Bingo Time 4:00 Karaoke Time	10:15 Chair Yoga 10:00 Gardening Club 10:30 Learning About Plants 11:00 Debbie: Art Therapy 11:15 Common Sayings 1:00 Wii Games 1:15 Painting Plant Pods 2:00 July Birthdays with Louis! 3:00 Shabbat Services 3:00 Balloon Volleyball 4:00 Sing Along! 4:00 Bingo Time	Independence Day 10:00 Tom Spinella Performance 11:00 Exercise with Weights 11:00 Coloring Time 12:00 July 4th BBQ 1:00 Balloon Volleyball 1:00 Watering The Plants 2:00 Painting American Flags 2:30 Relaxing Music & Snacks 3:30 July 4th Celebration 4:30 Patriotic Music Sing Along 4:30 Name That Tune
	10:00 Chess Class with Jason 10:15 St. Patrick's Cathedral Mass 10:15 Chair Zumba 11:00 Words That Start with 1:00 Balloon Volleyball 1:30 Family Feud 2:30 Appetizers and Beverages 3:30 Trivia Around The World 3:30 Coloring Time 4:00 Music with Patrick	10:00 Cardio Drumming 10:45 Dominique: Dance Therapy 1:00 Trivia Around the World 2:00 Balloon Volleyball 1:30 Trip to Gofer Ice Cream 2:30 Snack & Beverages 3:00 Darby: Art Interpretation 3:30 Expressing Through Art 3:30 Bingo Time 4:00 Nail Salon 4:00 Sing Along	10:00 Chair Zumba 10:30 Music Therapy 11:30 Words That Start with 1:00 Balloon Volleyball 1:30 Creating Air-Dry Clay Animals 1:30 Relaxing Music Time 2:30 Snacks and Beverages 3:00 Music Bingo 3:15 Reading Club with Nancy 4:00 Name That Tune 4:00 Aroma Therapy	National Ice Cream Sundae Day 10:15 Cardio Drumming 11:00 Words That Start with 10:15 Expressing Through Art 11:15 Brain Teasers 1:00 Balloon Volleyball 1:00 Photograph Club 1:30 Trip to Carvel 1:30 Family Feud 2:30 Ice Cream and Snacks 3:00 Nail Salon & Aromatherapy 3:45 Dance Therapy	National Sugar Cookie Day 10:00 Eucharistic with Fran 10:15 Chair Zumba 10:15 Expressing Through Art 11:00 Trivia Around the World 11:15 Watering the Plants 1:00 Balloon Volleyball 1:30 Music Therapy 2:30 Sugar Cookies and Drinks 3:00 Bingo Time 4:00 Karaoke Time 4:00 Aroma Therapy	National Piña Colada Day 10:15 Chair Yoga 10:15 Gardening Club 11:00 Debbie: Art Therapy 11:15 Would You Rather? 1:00 Common Sayings 1:30 Balloon Volleyball 2:30 Cooking Club: Piña Coladas 3:00 Shabbat Services 3:30 Canva Painting 4:30 Wii Games 4:30 Sing Along	10:15 Exercise with Weights 10:15 Puzzle Club 11:00 Family Feud Game 11:00 Coloring Time 1:00 Photograph Club 1:15 Bob Rissolo Concert 2:15 Creating Collages 2:30 Beverages and Snacks 3:15 Pool Noodle Hockey 3:45 Bingo Time 4:30 Name That Tune
	10:00 Chess Class with Jason 10:15 St. Patrick's Cathedral Mass 10:15 Chair Zumba 11:00 Words That Start with 1:00 Balloon Volleyball 1:30 Family Feud 2:30 Appetizers and Beverages 2:30 Bob Liggio Performance 3:30 Trivia Time 3:30 Creating Art 4:30 Karaoke Time!	10:00 Cardio Drumming 10:45 Dance Therapy 1:00 This or That 1:30 Cooking Club: Italian Wedding Cookies 2:00 Balloon Volleyball 2:30 Cookies and Beverages 3:30 Expressing Through Art 3:30 Bingo Time 3:30 Nail Salon 4:30 Aromatherapy 4:30 Sing Along!	Bastille Day 10:00 Chair Zumba 10:30 Music Therapy 11:30 Learning About Bastille Day 1:00 Reminiscing & Feeling 1:30 Balloon Volleyball 1:30 Trip to Bruce Museum 2:00 Coloring Mandalas 2:30 Appetizers and drinks 3:00 Bingo Time 3:15 Reading Club with Nancy 3:45 Dance Therapy Dominique	10:00 Catholic & Spiritual Service 10:00 Cardio Drumming 10:30 Photography Club with Sharon 11:30 Brain Teasers 1:00 Balloon Volleyball 1:30 Puzzle Club 2:00 Family Feud 2:30 Expressing Through Art 2:30 Beverages and Snacks 3:45 Dance Therapy	10:00 Eucharistic with Fran 10:15 Chair Zumba 10:15 Expressing Through Art 11:00 Trivia Around the World 11:15 Watering the Plants 1:00 Balloon Volleyball 1:30 Music Therapy 2:30 Trip to Coffee for Good 2:30 Picnic Outside 3:30 Bingo Time 4:00 Aroma Therapy 4:30 Karaoke Time	10:15 Chair Yoga 11:00 Debbie: Art Therapy 11:15 Common Sayings 1:00 Wii Games 1:30 Balloon Volleyball 1:30 Gardening Club 2:15 Melodies with Eric 3:15 Piña Coladas and Snacks 3:15 Shabbat Services 3:45 Creating Collages 3:45 Common Sayings 4:15 Sing Along!	10:00 Exercise with Weights 10:15 Puzzle Club 11:00 Family Feud Game 11:00 Coloring Time 1:00 Cardio Drumming 1:30 Trivia Around The World 2:00 Painting Canvas 2:30 Beverages and Snacks 2:30 Bingo Time 3:30 Bonnie: Name That Tune 4:30 Balloon Volleyball
	National Ice Cream Day 10:00 Chess Class with Jason 10:15 St. Patrick's Cathedral Mass 10:15 Chair Zumba 11:00 Words That Start with 1:00 Balloon Volleyball 1:30 Family Feud 2:30 Appetizers and Beverages 3:00 Trivia Time 3:30 Creating Art 4:00 Piano Concert with Nicole	Moon Day 10:15 Cardio Drumming 10:15 Watering the Plants 10:45 Dance Therapy 1:00 Words That Start With 1:30 Trip to Black Forest Pastry 2:00 Balloon Volleyball 2:30 Snacks and Beverages 3:00 Moon Phases with Oreos 3:00 Family Feud 4:30 Nail Salon 4:30 Sing Along!	10:00 Chair Zumba 10:30 Music Therapy with Caroline 11:30 Common Sayings 1:00 Balloon Volleyball 1:30 Expressing Through Art 1:30 Reminiscing & Feeling 2:30 Afternoon Picnic Party 3:00 Bingo Time 3:15 Reading Club with Nancy 4:00 Name That Tune 4:00 Aroma Therapy	10:00 Catholic & Spiritual Service 10:15 Cardio Drumming 10:15 Coloring Fairies 11:00 Brain Teasers 1:00 Balloon Volleyball 1:30 Trip to Carvel 1:30 Stretching Outside 2:00 Sing Along 2:30 Puzzle Club 2:30 Refreshments & Snacks 3:45 Dance Therapy	National Sprinkle Day 10:00 Eucharistic with Fran 10:15 Reading Club 10:15 Chair Zumba 11:15 Watering the Plants 1:00 Balloon Volleyball 1:30 Music Therapy 2:30 Afternoon Tea Party 3:00 Creating Donuts 3:00 Trivia Around the World 4:00 Karaoke Time 4:00 Aroma Therapy	Amelia Earhart Day 10:15 Cardio Drumming 11:00 Debbie: Art Therapy 11:15 Learning About Amelia 1:00 Wii Games 1:30 Balloon Volleyball 2:00 Sing Along! 2:30 Gardening Club 2:30 Piña Coladas and Snacks 3:00 Shabbat Services 3:30 Miss Mayble's Concert 4:30 Bird Watching Club	10:15 Exercise with Weights 10:15 Puzzle Club 11:15 Words That Start With 11:00 Coloring Time 1:00 Pool Noodle Hockey 1:00 Puzzle Club 1:30 Trivia Around The World 2:00 Piano Concert with Nicole 2:30 Snacks & Beverages 3:00 Expressing Through Art 3:30 Bingo Time 4:30 Name That Tune
	National Tree Day 10:00 Chess Class with Jason 10:15 St. Patrick's Cathedral Mass 10:15 Chair Zumba 11:00 Words That Start with 11:30 Family Feud 1:00 Balloon Volleyball 1:30 Reminiscing and Feeling 1:30 Painting Trees 2:30 Karaoke Time & Snacks 3:30 Concert with Myrt	10:00 Cardio Drumming 10:45 Dominique: Dance Therapy 1:00 This or That 1:30 Balloon Volleyball 1:30 Trip to Greenwich Ferry 2:00 Relaxing Music 2:00 Coloring Time 3:00 Ice Cream Party 4:00 Aroma Therapy & Nail Salon 4:00 Sing Along!	10:00 Chair Zumba 10:30 Music Therapy with Caroline 11:30 Common Sayings 1:00 Balloon Volleyball 1:30 Expressing Through Art 1:30 Trivia Around the World 2:30 Learning Spanish 2:30 Beverages and Snacks 3:00 Bingo Time 3:15 Reading Club with Nancy 4:00 Name That Tune	International Tiger Day 10:00 Catholic & Spiritual Service 10:15 Cardio Drumming 10:15 Coloring Tigers 11:00 Brain Teasers 1:00 Balloon Volleyball 1:30 Learning About Tigers 1:30 Stretching Outside 2:00 Sing Along 2:30 Refreshments & Snacks 3:45 Dance Therapy	10:00 Eucharistic with Fran 10:15 Reading Club 10:15 Chair Zumba 11:15 Watering the Plants 1:00 Balloon Volleyball 1:30 Music Therapy 2:30 Picnic Outside 2:30 Trip to Dunkin Donuts 3:30 Coloring Time 4:00 Aroma Therapy 4:30 Karaoke Time	10:15 Cardio Drumming 11:00 Debbie: Art Therapy 11:15 Would You Rather? 1:00 Wii Games 1:30 Sing Along! 2:30 Gardening Club 2:30 Common Sayings 2:30 Piña Coladas and Snacks 3:00 Shabbat Services 3:30 Creating Collages 3:30 Relaxing Music 4:30 Bird Watching Club	