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This month, we are excited to spotlight **Art Therapy with Debbie**, a meaningful program that encourages creativity, self-expression, and connection. **Deborah Shaw-Appel, Licensed Creative Arts Therapist**, has been providing Art Therapy services at The Greens for over 10 years and has a true passion for working with seniors.

Through her Art Therapy Group, Deborah creates a welcoming space where residents can explore their creativity while strengthening communication, reminiscing about meaningful memories, building friendships, making choices, and developing confidence. Art Therapy focuses on the *process of creating* rather than the final product, allowing each resident to participate in a way that feels personal and rewarding.

Deborah's dedication and compassion continue to enrich the lives of our residents. She believes that creative expression is a powerful tool for connection, joy, and well-being — a gift that everyone deserves the opportunity to experience.

A MESSAGE FROM DEBBIE SHAW-APPEL:

"I love being part of The Greens because every day gives me the opportunity to connect with residents, hear their stories, and help them express themselves through creativity. Art Therapy is about more than making art — it is about creating moments of joy, confidence, and connection. I feel grateful to share this journey with our residents and be part of their lives. "



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The Greens at Greenwich

An Assisted Living Residence
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- Deniz Brousseau, Executive Director / Infectious Disease Control Certified
- Stephanie Olivia, RN-Director of Nursing Services / Infectious Disease Control Certified
- Shantel Smith, RN Designee
- Angela Valles, Director of Programming
- Luis Arista, Executive Chef
- Debbie Merigliano, Business Office

Happy Birthday

Lois 07/11
Aileen 07/15



EVENTS AND ACTIVITIES



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